

BREAKFAST	QTY
Apple Cinnamon Oatmeal	2
Apple Strudel Bar	1
Blueberry Lemon Baked Bar	1
Blueberry Muffin	1
Cinnamon Bun Bar	2
Chocolate Chip Baked Bar	1
Double Chocolate Muffin	1
Granola Cereal	2
Harvest Nut Bar	1
NutriFlakes	2
Sweetened O's	1
LUNCH	QTY
Black Beans & Rice	1
Cheddar Broccoli Rice	2
Cheese Tortellini	1
Chocolate Peanut Butter Bar	1
Double Chocolate Caramel Bar	2
Fudge Graham Lunch Bar	1
Tortilla Soup	1
Spicy Kung Pao Noodles	1
Strawberry Yogurt Bar	1
Trail Mix Bar	2
White Cheddar Mac & Cheese	2

Fast Five Kit	QTY
Apple Strudel Bar	1
Banana Nut Muffin	1
Blueberry Muffin	1
Cinnamon Bun Bar	1
Cinnamon Streusel Muffin	1
Double Chocolate Muffin	1
Harvest Nut Bar	1
Black Beans & Rice	1
Cheese Tortellini	1
Double Chocolate Caramel Bar	1
Fudge Graham Bar	1
Tortilla Soup	1
Spicy Kung Pao Noodles	1
White Cheddar Mac & Cheese	1
Fiesta Macaroni and Cheese	1
Italian Herb Flatbread Pizza	1
Mushroom Risotto	1
Pasta Fagioli	1
Thick Crust Pizza	1
Vegetable Lasagna	1
Vegetarian Chili	1
TurboShakes (7 pack)	1
NutriCurb Chocolate Peanut Butter	1

DINNER	QTY
Bean Bolognese	2
Chili with Beans	2
Fiesta Macaroni and Cheese	2
Italian Herb Flatbread Pizza	1
Mushroom Risotto	2
Pasta Fagioli	1
Thick Crust Pizza	1
Vegetable Lasagna	2
Vegetarian Chili	2
SNACKS	QTY
Cheese Puffs	1
Chocolate Caramel Bar	1
Chocolate Chip Cookies	1
Chocolatey Pretzel Bar	1
Garlic Parmesan Snack-a-Rounds™	1
Honey Mustard Pretzel Bits	2
Oatmeal Chocolate Chunk Cookie	1
Popcorn	1
Pretzels	1
Salt and Vinegar Snack-a-rounds™	1
Snickerdoodle Cookie	1
Sweet Jalapeno Chips	1
Vanilla Shortbread Cookies	1
Zesty Herb Snack Mix	1
SHAKES	QTY
Turbo Shake Chocolate Canister (14 Day Supply)	1