

NUTRITIONAL FACTS

SUSIE'S SMART COOKIE

(15) 3.57 oz. Breakfast Cookies Banana Coconut

Nutrition Facts	Amount/Serving	% DV *	Amount/Serving	% DV *
	Total Fat 19g	25%	Total Carb. 51g	19%
	Sat. Fat 6g	28%	Fiber 6g	20%
1 serving per container	<i>Trans</i> Fat 0g		Total Sugars 19g	
Serv. Size 1 cookie (100g)	Cholest. 35mg	11%	Incl. 15g Added Sugars	30%
Calories 400 per serving	Sodium 240mg	10%	Protein 8g	
	Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 2.4mg 15% Potassium 190mg 4%			

INGREDIENTS: Oats, King Arthur Special Wheat Flour, Oil, Canola, Honey, Sugars, Brown, Butter, Without Salt, Egg, Whole, Raw, Frozen, Pastuerized, Apples, dried un sulphured, Flaxseed, ground, Coconut, Dried Unsweetened,, Vinegar, Distilled, oat fiber, Leavening Agents, Baking Soda, Banana Flavor 22 91 0154, Vanilla Extract, Salt, Table, cultured wheat starch, xanthan gum

CONTAINS: Coconut, Eggs, milk, Wheat

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SUSIE'S SMART COOKIE

Gingered Apple

Nutrition Facts	Amount/Serving	% DV *	Amount/Serving	% DV *
	1 serving per container			
Serv. Size 100 g	Total Fat 17g	22%	Total Carb. 53g	19%
	Sat. Fat 4g	21%	Fiber 6g	21%
Calories 380 per serving	<i>Trans</i> Fat 0g		Total Sugars 16g	
	Cholest. 30mg	11%	Incl. 13g Added Sugars	26%
	Sodium 200mg	9%	Protein 7g	
	Vitamin D 0.1mcg 0% • Calcium 60mg 4% • Iron 2.7mg 15%			
	Potassium 330mg 8%			

INGREDIENTS: Oats, King Arthur Special Wheat Flour, Raisins, Seeded, Sugars, Brown, Oil, Canola, Apples, dried un sulphured, Molasses, Butter, Without Salt, Flaxseed, ground, Egg, Whole, Raw, Frozen, Pasteurized, Beverages, Water, Tap, Drinking, Vinegar, Distilled, oat fiber, Leavening Agents, Baking Soda, Salt, Table, Spices, Cinnamon, Ground, cultured wheat starch, xanthan gum, Lemon Essential Oil, Spices, Cloves, Ground

Eggs, Milk, Wheat

CONTAINS: egg, milk, Wheat

NUTRITIONAL FACTS

SUSIE'S SMART COOKIE

Orange Cranberry Nut

Nutrition Facts	Amount/Serving	% DV *	Amount/Serving	% DV *
	Total Fat 21g	27%	Total Carb. 52g	19%
Sat. Fat 5g	24%	Fiber 6g	21%	
<i>Trans Fat</i> 0g		Total Sugars 18g		
Cholest. 30mg	11%	Incl. 15g Added Sugars	31%	
Sodium 200mg	9%	Protein 8g		
Vitamin D 0.1mcg 0% • Calcium 50mg 4% • Iron 2.5mg 15% Potassium 240mg 6%				

INGREDIENTS: Oats, King Arthur Special Wheat Flour, Beverages, Water, Tap, Well, Oil, Canola, Nuts, Walnuts, English, Honey, Sugars, Brown, Butter, Without Salt, Raisins, Seeded, Apples, dried unsulphured, Flaxseed, ground, Cranberries, Dried, Sweetened, Egg, Whole, Raw, Frozen, Pasteurized, oat fiber, Leavening Agents, Baking Soda, Salt, Table, Vanilla Extract, cultured wheat starch, xanthan gum, Orange Oil

CONTAINS: egg, milk, walnuts, Wheat