

NUTRITIONAL FACTS

EGG HARBOR

10 ct. 6 oz. Stuffed Scallops

Ingredients: CRACKER (unbleached enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], soybean oil, sugar, partially hydrogenated cottonseed oil, salt, leavening [baking soda and/or calcium phosphate], high fructose corn syrup, soy lecithin, natural flavor, malted barley flour), CELERY, LOBSTER (lobster meat, salt), SHRIMP, SCALLOPS, BUTTER FLAVORED OIL (soybean oil, hydrogenated soybean oil, contains 2% or less of salt, sunflower lecithin, artificial butter flavor, beta carotene, yeast extract), BREAD CRUMB (unbleached wheat flour, natural cane sugar, yeast, sea salt), BUTTER (cream, salt), ROMANO CHEESE (cow's milk, cheese culture, salt, enzymes), NATURAL BUTTER FLAVOR (whey, butter oil, salt, sugar, guar gum), SUGAR, SHERRY WINE (wine, salt), GARLIC, SPICE, LEMON JUICE.

CONTAINS: Milk, Shellfish (Lobster, Shrimp), Soy, Wheat. Contains wine which has naturally occurring sulfites

Nutrition Facts	
Serving size	6 oz (170g)
Amount per serving	
Calories	450
% Daily Value *	
Total Fat 30g	38%
Saturated Fat 9g	44%
<i>Trans</i> Fat 0g	
Cholesterol 120mg	40%
Sodium 900mg	39%
Total Carbohydrate 32g	12%
Dietary Fiber 1g	4%
Total Sugars 7g	
Includes 6g Added Sugars	11%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 210mg	15%
Iron 4.1mg	25%
Potassium 270mg	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	