NUTRITIONAL FACTS

Stuffin Gourmet

(8) 6 oz. Crusted Chicken with Taco Stuffing

Nutrition Facts

Serving Size 1 Breast (170g)
Servings Per Container 8

Amount Per Serving

Calories 340	Calories from Fat 160
	% Daily Value*
Total Fat 17g	**26%**
Saturated Fat 5g	**25%**
Trans Fat 0g	
Cholesterol 100mg	**33%**
Sodium 650mg	**27%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 1g	**4%**
Sugars 2g	
Protein 30g	

Vitamin A 8%	• Vitamin C 4%
Calcium 15%	• Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Chicken Breast, Chicken, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes and Annatto [Vegetable Color]), Nacho Flavored Tortilla Chip Breading (Tortilla Chips (Yellow Whole Corn, Vegetable Oil (Contains Corn And/Or Soybean And/Or Sunflower Oil)), Bleached Wheat Flour, Salt, Cheddar And Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Whey, Sugar, Tomato Powder, Soybean Oil (As A Processing Aid), Yeast, Onion Powder, Maltodextrin, Garlic Powder, Natural Flavors, Citric Acid, Spice, Extractives Of Paprika And Annatto, Jalapeno Pepper, Disodium Inosinate And Disodium Guanylate, Unsalted Butter (Pasteurized Cream, Natural Flavor), Lactic Acid, Yellow 6 And Yellow 5, Not More Than 2% Silicon Dioxide Added To Prevent Caking.), Water, Onion, Beef, Dry Batter Mix (Bleached Wheat Flour, Modified Corn Starch, Sugar, Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate], Dried Whole Eggs, Partially Hydrogenated Soybean Oil, Soy Flour, Salt, Dextrose, Hydroxypropyl Methylcellulose), Canola Oil, Crushed Tomatoes (Tomato Concentrate (Water, Tomato Paste), Salt, Citric Acid), Tomato Paste, Garlic Puree (Garlic, Water), Taco Seasoning (Dehydrated Garlic, and Onion, Spices Including Chili Pepper, Salt, Tricalcium Added to Prevent Caking), Modified Food Starch, Seasoning (Dehydrated Parmesan Cheese [Parmesan Cheese [Milk, Salt, Cheese Cultures, Enzymes], Whey, Lactic Acid), Salt, Modified Food Starch, Sugar, Dehydrated Vegetables [Garlic, Onion, Red Bell Peppers], Spices, Extractives of Paprika), Chicken Base Flavor (Flavor, Maltodextrin, Salt, Yeast Extract, Rendered Chicken Fat, Dextrose, Corn Starch, Onion Powder, Garlic Powder and Spice Extracts), Dark Chili Powder (Chili Powder, Salt, Cumin, Garlic, Oregano), Seasoning (Salt, Spices, Sugar, Maltodextrin, Dehydrated Onion, Dehydrated Garlic, Butter Flavor [Maltodextrin, Enzyme, Modified Butter, Salt, Dehydrated Butter, Guar Gum, Sodium bicarbonate, Annatto And Turmeric], Cornstarch, Parsley Flakes, Lemon Peel, Lemon Oil, Citric Acid, Turmeric), Seasoning (Garlic Powder, Dehydrated Onion), Cumin, Garlic Powder, Onion Powder, Flavor Enhancer (Yeast Extract, Salt, Flavor, Maltodextrin, Sugar). Contains Egg, Milk, Soy, Wheat.