



ECHELON™

CONNECT INSTRUCTION MANUAL



IMPORTANT SAFETY INSTRUCTIONS

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using THE ECHELON™ CONNECT.

DANGER -

To reduce the risk of electric shock:

1. Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

WARNING - To reduce the risk of burns, fire, electric shock, or injury to persons:

1. An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
2. Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
3. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this machine.
4. Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
5. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
6. Do not carry this appliance by supply cord or use cord as a handle.
7. Keep the cord away from heated surfaces.
8. Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
9. Never drop or insert any object into any opening.
10. Do not use outdoors.
11. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
12. To disconnect, turn all controls to the off position, then remove plug from outlet.

SAVE THESE INSTRUCTIONS

THE CONNECT IS INTENDED FOR CONSUMER USE ONLY.

BEFORE starting any fitness or strength program, consult with your physician or health official. This will ensure that you engage in the proper strength or fitness program for your age and physical condition.

Before using the Echelon™ Connect, answer these questions:

- Have you been sick recently?
- Have you had prolonged dizziness recently?
- Have you been out of breath for no reason recently?
- Have you had chest pain recently?
- Do you currently have any injuries preventing you from exercise?
- Are you pregnant?
- Do you have any conditions or reasons you should NOT exercise?
- Are you over 35 years old and physically inactive?
- Have you been told by a doctor that you should NOT exercise?

IF YOU ANSWER “YES” TO ANY OF THE ABOVE QUESTIONS, YOU SHOULD SEEK FURTHER ADVICE FROM YOUR DOCTOR PRIOR TO USING THE ECHELON™ CONNECT.

Read the user manual fully and follow all instructions. This ensures your safety.

WARNINGS

- ALWAYS use the Echelon™ Connect on solid, level ground and in a well lit and ventilated area.
- ALWAYS check that the seat and handlebars are securely fastened before use.
- NEVER allow children to play on or around the bike. This helps protect them from injury from moving parts.
- ALWAYS set the bike up properly for your specific body type. The Echelon™ Connect offers up/down and fore/aft adjustments that are clearly marked to ensure a quick and easy customization for each workout.
- ALWAYS check the bike before use.
- NEVER use the bike if it is not properly/completely assembled or is damaged in any way.
- NEVER exceed the weight limit for this bike. The weight limit for this bike is 300 pounds. Do not use the Echelon™ Connect if your body weight is in excess of 300 pounds.
- NEVER use Echelon™ Connect when sick or fatigued.

- ALWAYS wear proper attire and footwear that fully covers your feet. Long hair should be tied back or tucked away. Ensure that shoelaces are tucked into your shoes.
- ALWAYS warm up/stretch before starting exercise.
- ALWAYS be cautious when getting on and off the Echelon™ Connect.
- ALWAYS wait until the pedals have come to a complete stop before taking your feet off of the pedals or dismounting. Do not stand or climb on the handlebars.
- ALWAYS keep hands away from moving parts and ensure that hands are never placed where there is no rubber handlebar grip.
- NEVER overexert yourself or work to exhaustion. If you feel faint, dizzy, short of breath, or if you have chest or other pains, STOP IMMEDIATELY! Consult your physician before using the Echelon™ Connect again.
- ALWAYS ensure that you have a water bottle filled with at least 12 oz. of water and a towel close by to absorb sweat from your body and the handlebars.
- NEVER use the Echelon™ Connect in a standing position at high revolutions per minute (RPM) (see OPERATION section, Fig. 2).
- ALWAYS keep your pelvis positioned over the center line of the Echelon™ Connect.
- NEVER adjust the resistance of the flywheel or the position of the handlebars while in a standing position (see OPERATION section, Fig. 2).
- NEVER use accessory attachments that have not been recommended by the manufacturer. Using such attachments may cause injury or damage to the bike and will affect the warranty of the bike.
- ALWAYS ensure that the Echelon™ Connect is wiped down after each use to keep it sanitary.
- Cleaning and user maintenance shall not be made by children without supervision.

If any problems arise affecting the performance of the Echelon™ Connect, contact the manufacturer immediately. Always ensure that parts which undergo wear are checked regularly.

THIS SAFETY INFORMATION AND USER MANUAL DOES NOT REPLACE THE NEED TO BE ALERT AND TO USE COMMON SENSE WHEN USING THE ECHELON™ CONNECT!

PARTS



INCLUDES

1. Handlebar adjustment knob
2. Handlebar post frame
3. Resistance adjustment knob
4. Cranks
5. Seat post
6. Seat height adjustment knob
7. Seat slide adjustment knob
8. Front bracket
9. Rear bracket
10. Handlebars
11. Front foot
12. Rear foot
13. Seat with dumbbell holder
14. Console with tablet holder
15. Handlebar post
16. Pedals
17. Water bottle holders
18. Foot bolts
19. Handlebar bolts
20. Water bottle holder screws
21. Hex key with Phillips screwdriver head
22. Double-sided wrench
23. Wrench
24. Power adapter

REMOVAL OF FRAME



Loosen bolts in order.



Remove bolts in order.



Remove cardboard and then repeat on other side.



Remove bolts in order with included tools as shown.



Remove bolts on both sides with included tools as shown.



Hold cardboard piece and remove frame from bike.

ASSEMBLY



Use a pair of scissors or wire cutters to cut zip ties around wheel chocks.



Using one of the wrenches, knock out the front then the back chock.



Place the front foot (with wheels) under the front bracket.



Insert foot bolts into front foot.



Tighten down foot bolts with included hex key.



Place the rear foot under the rear bracket.

ASSEMBLY



Insert foot bolts into rear foot.



Tighten down foot bolts with included hex key.



Place seat onto seat post.



Tighten down and secure with included wrench.



Pull the two wires out of frame and tie them together with included twist tie that is attached to the handlebar post's bracket.



ASSEMBLY



Feed wires into the handlebar post.



Gently work the wires through post.



Pull wires out of the hole at the top of the post. Make sure to pull out enough length to complete the next steps.



While holding the post, place your thumb on the wires to secure and unwrap the twist tie.



ASSEMBLY



Ensure wires are visible and insert post into the frame while pulling out handlebar adjustment knob.



Place handlebars on handlebar post. While holding handlebars in place, insert bolts and finger tighten.



Use included hex key to tighten and secure handlebars in place.

Remove screws from the back of the console with screwdriver on included hex key.

ASSEMBLY



Place console onto handlebars.



Attach back of console to handlebars by inserting screws and finger tightening.



Use screwdriver on included hex key to tighten and secure console in place.



Connect wires to console.

**The threads are reversed on LEFT pedal and nut.
Screw these in and out in a non-standard direction.**



Remove nuts from both pedal bolts.

**LEFT nut screws OUT
CLOCKWISE.**



Screw pedals onto cranks.

**LEFT pedal screws IN
COUNTERCLOCKWISE.**

ASSEMBLY



Finger tighten nut back onto pedal bolt.



Hold nut with single-sided wrench and use double-sided wrench to tighten pedal bolt.



Hold water bottle holder against holes at the base of handlebar post frame and attach with screws. Finger tighten screws, then use the screwdriver on included hex key to secure. Repeat on opposite side.



Plug power adapter into port located on the rear foot bracket, then plug into wall outlet.



The assembly of your Echelon™ Connect bike is now complete!

SEAT ADJUSTMENT



Turn seat slide adjustment knob counterclockwise to loosen.



Move seat along track to desired location. Turn seat slide adjustment knob clockwise to tighten and secure in place.



Turn seat height adjustment knob counterclockwise until you are able to pull the knob halfway out.



Pull and hold the seat height adjustment knob and raise the seat to desired position. Turn seat height adjustment knob clockwise until secure.

HANDLEBAR ADJUSTMENT



Turn handlebar adjustment knob counterclockwise until you are able to pull the knob halfway out.



Pull and hold the handlebar adjustment knob and raise or lower the handlebars to desired position. Turn handlebar adjustment knob clockwise until secure.

TABLET HOLDER ADJUSTMENT



Push red knob on the side of the console inward, then adjust tablet holder to desired angle.



To accommodate various tablet sizes, turn knob on the back of tablet holder counterclockwise release clamp. Adjust clamp to desired height and turn knob clockwise to secure.

OPERATION

Download the Echelon™ Fit app from the App Store or Google Play to your smartphone or tablet. Once the Echelon™ Fit app is installed, choose the SIGN UP button to begin account creation. This screen will give you the opportunity to either input your personal information and profile picture or sign up via Facebook.

Enable the **Bluetooth®** function on your smartphone or tablet. Press the button on the console to activate pairing mode, then tap the image of the Connect bike in the Echelon™ Fit app. A pop-up with your bike's serial number will appear. Select your bike's serial number to complete connection. The serial number can be found on the front of the tablet holder. After initial connection, the bike will automatically pair to your **Bluetooth®** enabled device upon login. Multiple devices can be paired with your bike if multiple people use your bike or if you like to switch out devices. Repeat the pairing process with each new device used.

NOTE: Your bike's serial number is located on the front of the tablet holder on a small silver sticker as well as on the rating label located on the back of the tablet holder.



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OPERATION

There are two different positions (shown below) you will see while using the Echelon™ Fit app. Fig. 1 demonstrates warm up and coasting position. Fig. 2 demonstrates the standing position for more challenging workouts and rides.



FIG. 1



FIG. 2

To adjust the resistance while using the Echelon™ Connect, turn the resistance adjustment knob to the left or right, as shown in Fig. 3. To stop the bike press down on the resistance adjustment knob, as shown in Fig. 4.



FIG. 3



FIG. 4

SPECS

Input: 100-240V~ 50/60Hz

Output: 9V $\overline{\text{---}}$ 3A

QDID: 60912

FCC ID: SH6MDBT40

CAN ICES-3 (B)/NMB-3(B) HVIN: 1.0

IC: 8017A-MDBT40

DIMENSIONS: 54" L X 20" W X 51" H

FCC

FEDERAL COMMUNICATIONS COMMISSION (FCC) STATEMENT

15.21

YOU ARE CAUTIONED THAT CHANGES OR MODIFICATIONS NOT EXPRESSLY APPROVED BY THE PART RESPONSIBLE FOR COMPLIANCE COULD VOID THE USER'S AUTHORITY TO OPERATE THE EQUIPMENT.

15.105(B)

THIS EQUIPMENT HAS BEEN TESTED AND FOUND TO COMPLY WITH THE LIMITS FOR A CLASS B DIGITAL DEVICE, PURSUANT TO PART 15 OF THE FCC RULES. THESE LIMITS ARE DESIGNED TO PROVIDE REASONABLE PROTECTION AGAINST HARMFUL INTERFERENCE IN A RESIDENTIAL INSTALLATION. THIS EQUIPMENT GENERATES, USES AND CAN RADIATE RADIO FREQUENCY ENERGY AND, IF NOT INSTALLED AND USED IN ACCORDANCE WITH THE INSTRUCTIONS, MAY CAUSE HARMFUL INTERFERENCE TO RADIO COMMUNICATIONS. HOWEVER, THERE IS NO GUARANTEE THAT INTERFERENCE WILL NOT OCCUR IN A PARTICULAR INSTALLATION. IF THIS EQUIPMENT DOES CAUSE HARMFUL INTERFERENCE TO RADIO OR TELEVISION RECEPTION, WHICH CAN BE DETERMINED BY TURNING THE EQUIPMENT OFF AND ON, THE USER IS ENCOURAGED TO TRY TO CORRECT THE INTERFERENCE BY ONE OR MORE OF THE FOLLOWING MEASURES:

- REORIENT OR RELOCATE THE RECEIVING ANTENNA.
- INCREASE THE SEPARATION BETWEEN THE EQUIPMENT AND RECEIVER.
- CONNECT THE EQUIPMENT INTO AN OUTLET ON A CIRCUIT DIFFERENT FROM THAT TO WHICH THE RECEIVER IS CONNECTED.
- CONSULT THE DEALER OR AN EXPERIENCED RADIO/TV TECHNICIAN FOR HELP.

FCC RF RADIATION EXPOSURE STATEMENT:

1. THIS TRANSMITTER MUST NOT BE CO-LOCATED OR OPERATING IN CONJUNCTION WITH ANY OTHER ANTENNA OR TRANSMITTER.
2. THIS EQUIPMENT COMPLIES WITH RF RADIATION EXPOSURE LIMITS SET FORTH FOR AN UNCONTROLLED ENVIRONMENT. THIS EQUIPMENT SHOULD BE INSTALLED AND OPERATED WITH A MINIMUM DISTANCE OF 20 CM BETWEEN THE RADIATOR AND YOUR BODY.

THIS DEVICE COMPLIES WITH PART 15 OF THE FCC RULES. OPERATION IS SUBJECT TO THE FOLLOWING TWO CONDITIONS:

- 1) THIS DEVICE MAY NOT CAUSE HARMFUL INTERFERENCE AND
- 2) THIS DEVICE MUST ACCEPT ANY INTERFERENCE RECEIVED, INCLUDING INTERFERENCE THAT MAY CAUSE UNDESIRED OPERATION OF THE DEVICE

ISED

INNOVATION, SCIENCE AND ECONOMIC DEVELOPMENT CANADA (ISED) INNOVATION, SCIENCE ET DÉVELOPPEMENT ÉCONOMIQUE CANADA (ISED)

THIS CLASS B DIGITAL APPARATUS COMPLIES WITH CANADIAN ICES-003
CET APPAREIL NUMÉRIQUE DE CLASSE B EST CONFORME À LA NORME NMB-003.

CANADIAN NOTICE

THIS DEVICE COMPLIES WITH ISED LICENSE-EXEMPT RSS STANDARD(S).
OPERATION IS SUBJECT TO

THE FOLLOWING TWO CONDITIONS:

- (1) THIS DEVICE MAY NOT CAUSE INTERFERENCE, AND
- (2) THIS DEVICE MUST ACCEPT ANY INTERFERENCE, INCLUDING INTERFERENCE THAT MAY CAUSE UNDESIRED OPERATION OF THE DEVICE.

AVIS CANADIEN

LE PRÉSENT APPAREIL EST CONFORME AUX CNR D'ISED APPLICABLES AUX APPAREILS RADIO EXEMPTS DE LICENCE. L'EXPLOITATION EST AUTORISÉE AUX DEUX CONDITIONS SUIVANTES :

- (1) L'APPAREIL NE DOIT PAS PRODUIRE DE BROUILLAGE, ET
- (2) L'UTILISATEUR DE L'APPAREIL DOIT ACCEPTER TOUT BROUILLAGE RADIOÉLECTRIQUE SUBI, MÊME SI LE BROUILLAGE EST SUSCEPTIBLE D'EN COMPROMETTRE LE FONCTIONNEMENT.

CAUTION: EXPOSURE TO RADIO FREQUENCY RADIATION.

1. TO COMPLY WITH THE CANADIAN RF EXPOSURE COMPLIANCE REQUIREMENTS, THIS DEVICE AND ITS ANTENNA MUST NOT BE CO-LOCATED OR OPERATING IN CONJUNCTION WITH ANY OTHER ANTENNA OR TRANSMITTER.
2. TO COMPLY WITH RSS 102 RF EXPOSURE COMPLIANCE REQUIREMENTS, A SEPARATION DISTANCE OF AT LEAST 20 CM MUST BE MAINTAINED BETWEEN THE ANTENNA OF THIS DEVICE AND ALL PERSONS.

ATTENTION: EXPOSITION AU RAYONNEMENT RADIOFRÉQUENCE.

1. POUR SE CONFORMER AUX EXIGENCES DE CONFORMITÉ RF CANADIENNE L'EXPOSITION, CET APPAREIL ET SON ANTENNE NE DOIVENT PAS ÊTRE CO-LOCALISÉS OU FONCTIONNANT EN CONJUNCTION AVEC UNE AUTRE ANTENNE OU TRANSMETTEUR.
2. POUR SE CONFORMER AUX EXIGENCES DE CONFORMITÉ CNR 102 RF EXPOSITION, UNE DISTANCE DE SÉPARATION D'AU MOINS 20 CM DOIT ÊTRE MAINTENUE ENTRE L'ANTENNE DE CET APPAREIL ET TOUTES LES PERSONNES

NOTE: CARE SHOULD BE TAKEN IN MOUNTING AND DISMOUNTING THE STATIONARY EXERCISE BIKE. BEFORE MOUNTING OR DISMOUNTING MOVE THE PEDAL ON THE MOUNTING OR DISMOUNTING SIDE TO ITS LOWEST POSITION AND BRING THE MACHINE TO A COMPLETE STOP.

THE MANUFACTURER RECOMMENDS TO PLACE THE ECHELON™ CONNECT BIKE IN A SPACE WHERE YOU HAVE TWO FEET OF CLEARANCE ON ALL SIDES OF THE BIKE FOR SAFE MOUNTING AND DISMOUNTING OF THE EXERCISE BIKE. THE MINIMUM DIMENSIONS ARE: 0.5 M (19.7 IN.) ON AT LEAST ONE SIDE, AND 0.5 M (19.7 IN.) EITHER BEHIND OR IN FRONT OF THE EXERCISE BIKE.

WHILE CLEANING YOUR ECHELON™ CONNECT BIKE, PLEASE USE A SOFT RAG WITH MILD DETERGENT OR WATER TO WIPE DOWN THE MACHINE. DO NOT USE CORROSIVE CHEMICAL LIQUIDS WHICH MAY DAMAGE THE COVER.

www.echelonfit.com



Read Instructions
Before Operating

MADE IN
CHINA



PATENT
PENDING

Rev: 070618 VIATEKPRODUCTS.COM

For questions, assistance, or replacement parts, do not return to your retailer. Contact Viatek® customer service below. For refunds on items not purchased from Viatek® directly, please contact your retailer.

VIATEK® 1-YEAR LIMITED WARRANTY

Viatek® warrants this product to be free of manufacturing defects. Should any such defect develop or become evident within one year from the date of purchase, Viatek® will replace the entire product or, at its option, repair or replace the defective part(s) without charge. Contact Viatek® customer service at 888.784.2835 or at cs@viatek.com to determine whether it is necessary to return the unit. To return, securely pack the entire unit. Be sure carton clearly identifies sender by name and address. Attach a letter or card describing defect and original sales receipt. Mail prepaid to Viatek Consumer Products Group, Inc. 6011 Century Oaks Dr. Chattanooga, TN 37416.

This warranty is void if damage or malfunction is due to abuse or failure to operate product in accordance with instructions and on recommended electrical current. This warranty gives you specific legal rights and you may also have other rights which vary from state to state. If you have any questions, or would like to learn more about Viatek®, please contact us at 888.784.2835 or at cs@viatek.com.

Register your product online at viatekproducts.com/register-your-product-warranty/

Customer Service / Le service a la clientele / Servicio al Consumidor
☎ 888.784.2835 (+1.423.402.9010) ✉ cs@viatek.com

Model:
ECHO1

DO NOT DISPOSE OF BATTERIES IN FIRE. ALWAYS DISPOSE OF BATTERIES PER LOCAL & FEDERAL GUIDELINES.

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