

NUTRITIONAL FACTS & INGREDIENT LIST

READY

Ready 20g Protein Water – Black Cherry

Nutrition Facts

1 Serving Per Container

Serving Size 16.9 fl. oz. (500mL)

Amount per serving

Calories 90

% Daily Value*

Total Fat 0g **0%**

Cholesterol 5mg **2%**

Sodium 55mg **2%**

Total Carbohydrate 1g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 20g **40%**

Calcium 118mg 10% • Potas. 91mg 2%

Magnesium 30mg 8% • Chloride 7mg 0%

Not significant source of saturated fat, trans fat, dietary fiber, vitamin D, and iron.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Whey Protein Isolate, Phosphoric Acid, Citric Acid, Natural Flavors, Monk Fruit Extract, Stevia Leaf Extract, Fruit and Vegetable Juice (Color)

Electrolytes†: Sodium, Potassium, Chloride, Magnesium, Calcium

ALLERGEN STATEMENT:
Contains Milk (Whey Protein)

†Naturally occurring

NUTRITIONAL FACTS & INGREDIENT LIST

READY

Ready 20g Protein Water – Lemon Ice

Nutrition Facts

1 Serving Per Container

Serving size 16.9 fl. oz. (500mL)

Amount per serving

Calories 90

% Daily Value*

Total Fat 0g 0%

Cholesterol 5mg 2%

Sodium 75mg 3%

Total Carbohydrate 1g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 20g 40%

Calcium 118mg 10% • Potas. 91mg 2%

Magnesium 30mg 8% • Chloride 7mg 0%

Not significant source of saturated fat, trans fat, dietary fiber, vitamin D, and iron.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Whey Protein Isolate, Phosphoric Acid, Citric Acid, Natural Flavors, Monk Fruit Extract, Stevia Leaf Extract, Beta Carotene (Color)

Electrolytes[†]: Sodium, Potassium, Chloride, Magnesium, Calcium

ALLERGEN STATEMENT:
Contains Milk (Whey Protein)

[†]Naturally occurring

NUTRITIONAL FACTS & INGREDIENT LIST

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Ready 20g Protein Water – Orange Mango

Nutrition Facts	
1 Serving Per Container	
Serving size	16.9 fl. oz. (500mL)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 0g	0%
Cholesterol 5mg	2%
Sodium 60mg	3%
Total Carbohydrate 1g	0%
Total Sugars 0g	
Includes 0g Added Sugars 0%	
Protein 20g	40%
Calcium 118mg 10% • Potas. 91mg 2%	
Magnesium 30mg 8% • Chloride 7mg 0%	
Not significant source of saturated fat, trans fat, dietary fiber, vitamin D, and Iron.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Filtered Water, Whey Protein Isolate, Phosphoric Acid, Citric Acid, Natural Flavors, Monk Fruit Extract, Stevia Leaf Extract, Beta Carotene (Color)

Electrolytes[†]: Sodium, Potassium, Chloride, Magnesium, Calcium

ALLERGEN STATEMENT:
Contains Milk (Whey Protein)

[†]Naturally occurring

NUTRITIONAL FACTS & INGREDIENT LIST

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Ready 20g Protein Water – Pink Grapefruit

Nutrition Facts	
1 Serving Per Container	
Serving size 16.9 fl. oz. (500mL)	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 0g	0%
Cholesterol 5mg	2%
Sodium 65mg	3%
Total Carbohydrate 1g	0%
Total Sugars 0g	
Includes 0g Added Sugars 0%	
Protein 20g	40%
Calcium 118mg 10% • Potas. 91mg 2%	
Magnesium 30mg 8% • Chloride 7mg 0%	
Not significant source of saturated fat, trans fat, dietary fiber, vitamin D, and Iron.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Filtered Water, Whey Protein Isolate, Phosphoric Acid, Citric Acid, Natural Flavors, Monk Fruit Extract, Stevia Leaf Extract, Fruit and Vegetable Juice (Color)

Electrolytes†: Sodium, Potassium, Chloride, Magnesium, Calcium

ALLERGEN STATEMENT:
Contains Milk (Whey Protein)

†Naturally occurring