

Supplement Facts

Serving Size: 1 Veggie Capsule

Amount Per Serving		% DV†
Vitamin A (as beta carotene)	3500 IU	70%
Vitamin C (as calcium ascorbate)	120 mg	200%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	35 IU	117%
Vitamin K (as Phytonadione)	60 mcg	75%
Thiamine HCl (Vitamin B1)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B-6 (as pyridoxine HCl)	5 mg	250%
Folic Acid	400 mcg	100%

Amount Per Serving		% DV†
Vitamin B-12 (as methylcobalamin)	100 mcg	1667%
Biotin	150 mcg	50%
Pantothenic Acid (vitamin B5) (as D-calcium pantothenate)	10 mg	100%
Calcium (as carbonate and citrate)	100 mg	10%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	50 mg	13%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as selenium amino acid chelate)	70 mcg	100%
Copper (as copper amino acid chelate)	500 mcg	25%
Manganese (as manganese amino acid chelate)	2 mg	100%
Chromium (as chromium picolinate)	60 mcg	50%

Amount Per Serving		% DV†
Molybdenum (as molybdenum amino acid chelate)	50 mcg	67%
Potassium (as potassium chloride)	80 mg	2%
Boron (as boron amino acid chelate)	150 mcg	**
Vanadium (as vanadyl sulfate)	10 mcg	**
Silicon	2 mg	**
Lutein	500 mcg	**
Zeaxanthin	250 mcg	**
Lycopene	1 mg	**

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.