

Watermelon Hydra Plus Drink Mix

Nutrition Facts

30 servings per container

Serving size 1 Pod (4g)

Amount per serving

Calories 5

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 110mg 5%

Total Carbohydrate 1g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 10mcg 50%

Calcium 25mg 2%

Iron 0mg 0%

Potassium 200mg 4%

Vitamin A 300mcg RAE 30%

Vitamin C 90mg 100%

Vitamin E 7.5mg 50%

Folate 166mcg DFE 40%

Folic Acid 100mcg

Magnesium 50mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

OTHER INGREDIENTS: CITRIC ACID, TRIPOTASSIUM CITRATE, ERYTHRITOL, TRISODIUM CITRATE, NATURAL FLAVOR, STEVIOL GLYCOSIDES, BEET JUICE (COLOR), ASCORBIC ACID (VITAMIN C), MAGNESIUM OXIDE (MARINE SOURCE), CALCIUM CITRATE MALATE (FROM RED ALGAE), MALIC ACID, MALTODEXTRIN, DECAFFEINATED GREEN TEA EXTRACT, D-ALPHA TOCOPHEROL ACETATE (VITAMIN E), MONOSODIUM CITRATE, CHOLECALCIFEROL (VITAMIN D), RETINYL ACETATE (VITAMIN A), FOLIC ACID.

Cotton Candy Hydra Plus Drink Mix

Nutrition Facts

30 servings per container

Serving size 1 Pod (4.5g)

Amount per serving

Calories 8

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 100mg 4%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 10mcg 50%

Calcium 25mg 2%

Iron 0mg 0%

Potassium 200mg 4%

Vitamin A 300mcg 30%

Vitamin C 90mg 100%

Vitamin E 7.5mg 50%

Folate 166mcg DFE 40%

Folic Acid 100mcg

Magnesium 50mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: TRIPOTASSIUM CITRATE, CITRIC ACID, MALIC ACID, ERYTHRITOL, TRISODIUM CITRATE, STEVIOL GLYCOSIDES, NON-GMO MALTODEXTRIN, NATURAL FLAVOR, ASCORBIC ACID (VITAMIN C), CARROT AND HIBISCUS CONCENTRATES (COLOR), MAGNESIUM OXIDE (MARINE SOURCE), CALCIUM CITRATE MALATE (FROM RED ALGAE), DECAFFEINATED GREEN TEA EXTRACT, D-ALPHA TOCOPHERYL ACETATE (VITAMIN E), CHOLECALCIFEROL (VEGAN VITAMIN D3), RETINYL ACETATE (VITAMIN A), FOLIC ACID.

Blueberry Pomegranate Hydra Plus Drink Mix

Nutrition Facts	
30 servings per container	
Serving size	1 Pod (4.5g)
Amount per serving	
Calories	8
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 10mcg	50%
Calcium 25mg	2%
Iron 0mg	0%
Potassium 200mg	4%
Vitamin A 300mcg	30%
Vitamin C 90mg	100%
Vitamin E 7.5mg	50%
Folate 166mcg DFE	40%
Folic Acid 100mcg	
Magnesium 50mg	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CITRIC ACID, NONGMO MALTODEXTRIN, TRIPOTASSIUM CITRATE, TRISODIUM CITRATE, NATURAL FLAVOR, ASCORBIC ACID (VITAMIN C), FRUIT AND VEGETABLE JUICE (COLOR), MAGNESIUM OXIDE (MARINE SOURCE), CALCIUM CITRATE MALATE (FROM RED ALGAE), MALIC ACID, DECAFFEINATED GREEN TEA EXTRACT, SUCRALOSE, MONOSODIUM CITRATE, D-ALPHA TOCOPHERYL ACETATE (NATURAL VITAMIN E), CHOLECALCIFEROL (VEGAN VITAMIN D3), RENTINYL ACETATE (VITAMIN A), FOLIC ACID.

Apple Pear Hydra Plus Drink Mix

Nutrition Facts	
30 servings per container	
Serving size	1 Pod (4.5g)
Amount per serving	
Calories	5
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Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
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Vitamin D 10mcg	50%
Calcium 25mg	2%
Iron 0mg	0%
Potassium 200mg	4%
Vitamin A 300mcg RAE	30%
Vitamin C 90mg	100%
Vitamin E 7.5mg	50%
Folate 166mcg DFE	40%
Folic Acid 100mcg	
Magnesium 50mg	10%
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<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
INGREDIENTS: CITRIC ACID, NATURAL FLAVOR, TRIPOTASSIUM CITRATE, TRISODIUM CITRATE, ERYTHRITOL, STEVIOL GLYCOSIDES, ASCORBIC ACID (VITAMIN C), MAGNESIUM OXIDE (MARINE SOURCE), CALCIUM CITRATE MALATE (FROM RED ALGAE), MALIC ACID, DECAFFEINATED GREEN TEA EXTRACT, SPIRULINA EXTRACT (COLOR), BETA CAROTENE (COLOR), MONOSODIUM CITRATE, D-ALPHA TOCOPHEROL ACETATE (VITAMIN E), BEET JUICE (COLOR), CHOLECALCIFEROL (VITAMIN D), RETINYL ACETATE (VITAMIN A), FOLIC ACID.	

Pineapple Coconut Hydra Plus Drink Mix

Nutrition Facts

30 servings per container

Serving size 1 Pod (4.5g)

Amount per serving

Calories 5

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 110mg 5%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 10mcg 50%

Calcium 25mg 2%

Iron 0mg 0%

Potassium 200mg 4%

Vitamin A 300mcg RAE 33%

Vitamin C 90mg 100%

Vitamin E 7.5mg 50%

Folate 166mcg DFE 42%

Folic Acid 100mcg

Magnesium 50mg 12%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CITRIC ACID, TRIPOTASSIUM CITRATE, MAGNESIUM OXIDE (MARINE SOURCE), ERYTHRITOL, TRISODIUM CITRATE, NATURAL FLAVOR, STEVIA EXTRACT, CALCIUM CITRATE MALATE (FROM RED ALGAE), NON-GMO MALTODEXTRIN, ASCORBIC ACID (VITAMIN C), MALIC ACID, DECAFFEINATED GREEN TEA EXTRACT, BETA CAROTENE (COLOR), D-TOCOPHEROL ACETATE (VITAMIN E), CHOLECALCIFEROL (VEGAN VITAMIN D3), RETINYL ACETATE (VITAMIN A), FOLIC ACID.

Strawberry Mango Hydra Plus Drink Mix

Nutrition Facts

30 servings per container
Serving size 1 Pod (4g)

Amount per serving
Calories 5

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein 0g	
Vitamin D 10mcg	50%
Calcium 25mg	2%
Iron 0mg	0%
Potassium 200mg	4%
Vitamin A 300mcg RAE	30%
Vitamin C 90mg	100%
Vitamin E 7.5mg	50%
Folate 166mcg DFE	40%
Folic Acid 100mcg	
Magnesium 50mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CITRIC ACID, TRIPOTASSIUM CITRATE, NATURAL FLAVOR, TRISODIUM CITRATE, STEVIOL GLYCOSIDES, ERYTHRITOL, ASCORBIC ACID (VITAMIN C), MAGNESIUM OXIDE (MARINE SOURCE), CALCIUM CITRATE MALATE (FROM RED ALGAE), MALIC ACID, DECAFFEINATED GREEN TEA EXTRACT, BEET JUICE COLOR, MONOSODIUM CITRATE, D-ALPHA TOCOPHEROL ACETATE (VITAMIN E), CHOLECALCIFEROL (VITAMIN D), RETINYL ACETATE (VITAMIN A), FOLIC ACID.