

NUTRITIONAL FACTS

Oceans 97

(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

Shrimp

Nutrition Facts

Serving Size 4 oz. raw (142g)

Servings Per Container 6-8

Amount Per Serving

Calories 120 **Calories from Fat** 15

% Daily Values*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 160mg **53%**

Sodium 155mg **6%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 22g **44%**

Vitamin C 4% ● Calcium 3%

Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

ALLERGENS: SHELLFISH

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(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

Cajun Curry Sauce

Nutrition Facts (for sauce only)

About 6-8 servings per container
Serving size 4 ounces
(142g)

Amount per serving
Calories

120

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Total Fat 4.5g	6%	Total Carbohydrate 14g	5%
Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Trans Fat 0g		Total Sugars 6g	
Cholesterol 70mg	23%	Includes g of Added Sugars	
Sodium 620mg	27%	Protein <1g	2%
Vitamin D 1mcg	4%	Iron 0mg	0%
Calcium 127mg	10%	Potassium 30mg	1%

* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Coconut Milk, Sake Rice Wine, Oyster Sauce, Sweet Chili Paste (Sugar, Shallot, Garlic, Soya Bean Oil, Dried Chili, Dried Shrimp, Tamarind, Spices) Fish Sauce (Anchovy Extract, Salt, Sugar), Garlic, Roasted Chili (Red Chili, Garlic, Onion, Soy Bean Oil), Xanthan Gum.
Contains: Soy, Anchovy.

Manufactured in a facility that processes milk, eggs, peanuts, tree nuts, soy, and wheat.

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(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

Chimichurri Sauce

Nutrition Facts (for sauce only)

About 6-8 servings per container
Serving size 4 ounces
(142g)

Amount per serving

Calories

250

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Total Fat 20g	26%	Total Carbohydrate 17g	6%
Saturated Fat 3g	15%	Dietary Fiber 1g	4%
Trans Fat 0g		Total Sugars 13g	
Cholesterol 0mg	0%	Includes 12g of Added Sugars	24%
Sodium 1490mg	65%	Protein 2g	4%
Vitamin D 0mcg	0%	Iron 1mg	8%
Calcium 42mg	4%	Potassium 180mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Olive Oil (Pomace), Lime Juice, Red Wine Vinegar, Fish Sauce (Anchovy Extract, Salt, Sugar), Cilantro, Sugar, Parsley, Garlic, Salt, Red Pepper Flakes, Oregano, Basil, Black Pepper, Xanthan Gum, Citric Acid.
Contains: Anchovy.

Manufactured in a facility that processes milk, eggs, peanuts, tree nuts, soy, and wheat.

NUTRITIONAL FACTS

Oceans 97

(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

Garlic Butter Sauce

Nutrition Facts *(for sauce only)*

About 6-8 servings per container
Serving size 4 ounces
(142g)

Amount per serving
Calories

760

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Total Fat 84g	108%	Total Carbohydrate <1g	0%
Saturated Fat 22g	110%	Dietary Fiber 0g	0%
Trans Fat 0.5g		Total Sugars 0g	
Cholesterol 50mg	17%	Includes g of Added Sugars	
Sodium 800mg	35%	Protein 2g	4%
Vitamin D 4mcg	20%	Iron 0mg	0%
Calcium 42mg	4%	Potassium 65mg	1%

* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Margarine (Soybean Oil, Water, Salt, Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Calcium Disodium EDTA, Beta Carotene, Vitamin A), Butter, Olive Oil (Pomence), Soy Sauce, Garlic, Lemon Juice, Black Pepper, Xanthan Gum.
Contains: Dairy, Soy, Anchovy.

Manufactured in a facility that processes milk, eggs, peanuts, tree nuts, soy, and wheat.

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Oceans 97

(2) 1 lb. Bags of Shrimp with 24 oz. Choice of Sauce

New Orleans BBQ Sauce

Nutrition Facts

(for sauce only)

About 6-8 servings per container

Serving size 4 ounces
(142g)

Amount per serving
Calories

780

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Total Fat 81g	104%	Total Carbohydrate 12g	4%
Saturated Fat 24g	120%	Dietary Fiber 2g	7%
Trans Fat 1g		Total Sugars 9g	
Cholesterol 65mg	22%	Includes 4g of Added Sugars	8%
Sodium 1460mg	63%	Protein 2g	4%
Vitamin D 6mcg	30%	Iron 1mg	8%
Calcium 81mg	6%	Potassium 200mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: Margarine (Soybean Oil, Water, Salt, Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Calcium Disodium EDTA, Beta Carotene, Vitamin A), Butter, Water, Worcestershire Sauce (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, ANCHOVIES, WATER, SALT, CARMEL COLOR, SUGAR, SPICES, NATURAL FLAVORS (SOY), TAMARIND EXTRACT), Salt, Paprika, Sugar, Lemon Juice, Garlic, Black Pepper, Xanthan Gum, Spices. Contains: Dairy, Anchovies.

Manufactured in a facility that processes milk, eggs, peanuts, tree nuts, soy, and wheat.