

# NUTRITIONAL FACTS

DAVID'S COOKIES

## BANANA NUT MUFFIN

<b>Nutrition Facts</b>	
6 servings per containers	
<b>Serving Size</b>	1 muffin, 6 oz (170g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>690</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 39g	<b>50%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 130mg	<b>43%</b>
<b>Sodium</b> 420mg	<b>18%</b>
<b>Total Carbohydrate</b> 78g	<b>28%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 44g	
Includes 40g Added Sugars	<b>80%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1mg	6%
Potassium 140mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: sugar, bleached wheat flour, eggs, soybean oil, water, banana puree, walnuts, modified corn starch, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], dairy whey, soy flour, salt, wheat gluten, natural and artificial flavors, emulsifiers [sodium stearoyl lactylate, propylene glycol monoesters, monoglycerides]), wheat gluten, natural & artificial banana flavor.

Contains: Eggs, Milk, Soy, Wheat  
May Contain: Tree Nuts and/or Peanuts  
KOSHER DAIRY CERTIFIED

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## BLUEBERRY CRUMB MUFFIN

<b>Nutrition Facts</b>	
6 servings per containers	
<b>Serving Size</b>	<b>1 muffin, 6 oz (170g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>620</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 31g	<b>40%</b>
Saturated Fat 6g	30%
Trans Fat 0g	
<b>Cholesterol</b> 125mg	<b>42%</b>
<b>Sodium</b> 420mg	<b>18%</b>
<b>Total Carbohydrate</b> 77g	<b>28%</b>
Dietary Fiber 1g	4%
Total Sugars 43g	
Includes 40g Added Sugars	80%
<b>Protein</b> 9g	
Vitamin D 0mcg	0%
Calcium 42mg	4%
Iron 1mg	6%
Potassium 44mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: sugar, bleached wheat flour, eggs, soybean oil, blueberries, water, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), modified corn starch, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, mono and diglycerides, artificial flavor, vitamin A palmitate, beta carotene color), brown sugar, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), dairy whey, soy flour, wheat gluten, yogurt, salt, natural and artificial flavors, emulsifiers (sodium steareoyl lactylate, propylene glycol monoesters, monglycerides), cinnamon, natural & artificial vanilla flavor.

Contains: Eggs, Milk, Soy, Wheat  
May Contain: Tree Nuts and/or Peanuts  
KOSHER DAIRY CERTIFIED

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## CINNAMON CHIP MUFFIN

<b>Nutrition Facts</b>	
6 servings per containers	
<b>Serving Size</b>	<b>1 muffin, 6 oz (170g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>730</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 39g	<b>50%</b>
Saturated Fat 11g	<b>55%</b>
Trans Fat 0g	
<b>Cholesterol</b> 120mg	<b>40%</b>
<b>Sodium</b> 410mg	<b>18%</b>
<b>Total Carbohydrate</b> 89g	<b>32%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 55g	
Includes 55g Added Sugars	<b>110%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 74mg	6%
Iron 2mg	10%
Potassium 48mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: sugar, bleached wheat flour, cinnamon chips (sugar, palm oil, cinnamon, non-fat dry milk, soy lecithin), eggs, soybean oil, water, enriched wheat flour (wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), modified corn starch, margarine (vegetable oil blend [palm fruit, soybean and olive oils], water, salt, non-fat dry milk, soy lecithin, mono and diglycerides, artificial flavor, vitamin A palmitate, beta carotene color), brown sugar, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), dairy whey, soy flour, wheat gluten, sour cream, salt, natural and artificial flavors, emulsifiers (sodium steareoyl lactylate, propylene glycol monoesters, monglycerides), cinnamon, natural & artificial vanilla flavor.

Contains: Eggs, Milk, Soy, Wheat  
May Contain: Tree Nuts and/or Peanuts  
KOSHER DAIRY CERTIFIED