

NUTRITIONAL FACTS

Chicken Parmesan

Nutrition Facts

3 servings per container

Serving size 4.6667 oz (133g)

Amount Per Serving

Calories **320**

% Daily Value*

Total Fat 18g 23%

Saturated Fat 7.67g 38%

Trans Fat 0.12g

Cholesterol 95mg 32%

Sodium 920mg 40%

Total Carbohydrate 6g 2%

Dietary Fiber < 1g 3%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 32g 64%

Vitamin D 0.15mcg 0%

Calcium 328mg 25%

Iron 0.8mg 4%

Potassium 503mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Chicken Boneless Skinless Breast Meat, Bacon (Cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite), Pizza Sauce (Tomato Puree (Water Tomato Paste), Crushed Tomato (Water, Concentrated Crushed Tomatoes), Tomatoes, Salt, Spices, Food Starch Modified, Garlic Powder, Sugar, Citric Acid.), Hi-Temp Mozzarella Cheese (pasteurized processed Mozzarella cheese (cultured milk, salt, enzymes), water, cream, sodium phosphate, salt, sorbic acid [preservative], powdered cellulose [to prevent caking], potassium sorbate and/or natamycin [preservatives]), Bread Crumbs (Bleached Wheat Flour, Sugar, Salt, Yeast), Parmesan & Romano Cheese [Parmesan Type Cheese (Milk, Salt, Cheese Culture, Enzymes), Romano Type Cheese (Cow's Milk, Salt, Cheese Culture, Enzymes), Powdered Cellulose (To Prevent Caking)], Italian Seasoning (Spices). Allergens- Contains Milk/Dairy, Wheat. Some ingredients may have been manufactured on the same line as products containing Egg, Milk, and Soy.