

NUTRITIONAL FACTS

SWEET SOFIA'S

Sea Salt Caramel Brownie

Nutritional Information

Nutrition Facts			
2 servings per container		1/2 Bar (42g)	
Serving size			
Calories	160	320	
	<small>1/2 Bar</small>	<small>1 Bar</small>	
	<small>% Daily Value*</small>	<small>% Daily Value*</small>	
Total Fat	7g	13g	17%
Saturated Fat	2.5g	4.5g	23%
Trans Fat	0g	0g	
Cholesterol	35mg	65mg	22%
Sodium	80mg	160mg	9%
Total Carbohydrate	23g	46g	17%
Dietary Fiber	0g	0g	0%
Total Sugars	14g	29g	
Includes Added Sugars	14g	29g	58%
Protein	2g	5g	
Vitamin D	0mcg	0mcg	0%
Calcium	0mg	10mg	0%
Iron	1.4mg	2.8mg	15%
Potassium	10mg	20mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,300 calories a day is used for general nutrition advice.

Ingredients:

Sugar, Wheat Flour, Eggs, Soybean Oil, Cocoa (Alkalized), Water, Butter (Cream, Natural Flavors), Caramel Fudge (Corn Syrup, Water, Sweetened Condensed Skim Milk [Sugar, Water, Nonfat Milk Solids], Sugar, Butter [Cream, Salt], Coconut Oil, Brown Sugar, Salt, Carrageenan, Sodium Bicarbonate, Soy Lecithin, Mono & Diglycerides, Potassium Sorbate, Vanilla), Natural Vanilla Flavor (Propylene Glycol, Natural Flavor, Water), Acti-Fresh B&C (Wheat Flour, Enzymes, Salt), Salt, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Mono Calcium Phosphate), Sea Salt.

Allergens: Egg, Milk, Soy, Wheat

Brookie Brownie

NUTRITIONAL FACTS

SWEET SOFIA'S

Nutrition Facts			
2 servings per container			
Serving size		1/2 BROOKIE (42g)	
	1/2 BROOKIE	1 BROOKIE	
Calories	150	300	
	% Daily Value*	% Daily Value*	
Total Fat	7g 9%	15g 19%	
Saturated Fat	2.5g 13%	5g 25%	
Trans Fat	0.5g	1.5g	
Cholesterol	35mg 12%	65mg 22%	
Sodium	85mg 4%	170mg 7%	
Total Carbohydrate	23g 8%	47g 17%	
Dietary Fiber	0g 0%	0g 0%	
Total Sugars	15g	29g	
Includes Added Sugars	12g 24%	25g 50%	
Protein	2g	5g	
Vitamin D	0mcg 0%	0mcg 0%	
Calcium	9mg 0%	18mg 2%	
Iron	1mg 5%	3mg 15%	
Potassium	26mg 0%	56mg 2%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cane Sugar, Wheat Flour, Eggs, Butter (Cream, Natural Flavors), Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Salt, Vanilla), Soybean Oil, Cocoa (Alkalized), Water, Light Brown Sugar, Medium Invert Syrup, Natural Vanilla Flavor, Salt, Wheat Enzymes, Baking Powder (Sodium Acid Pyrophosphate, Tapioca Starch, Sodium Bicarbonate, Mono Calcium Phosphate), Baking Soda.

MANUFACTURED ON EQUIPMENT THAT PROCESSES PEANUTS AND TREE NUTS

Chocolate Chip Brownie

NUTRITIONAL FACTS

SWEET SOFIA'S

Nutrition Facts			
2 servings per container			
Serving size		1/2 Brownie (43g)	
Calories	1/2 Brownie		1 Brownie
	150		310
	% Daily Value*		% Daily Value*
Total Fat	8g	10%	15g 19%
Saturated Fat	4.5g	23%	9g 45%
Trans Fat	0g		0g
Cholesterol	40mg	13%	75mg 25%
Sodium	70mg	3%	140mg 6%
Total Carbohydrate	24g	9%	47g 17%
Dietary Fiber	0g	0%	0g 0%
Total Sugars	17g		33g
Includes Added Sugars	16g	32%	33g 66%
Protein	2g		5g
Vitamin D	0mcg	0%	0mcg 0%
Calcium	7mg	0%	15mg 2%
Iron	2mg	10%	3mg 15%
Potassium	24mg	0%	47mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cane Sugar, Wheat Flour, Butter (Cream, Natural Flavors), Eggs, Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Salt, Vanilla), Cocoa (Alkalized), Water, Natural Vanilla Flavor, Salt, Baking Powder (Sodium Acid Pyrophosphate, Tapioca Starch, Sodium Bicarbonate, Mono Calcium Phosphate), Wheat Enzymes

MANUFACTURED ON EQUIPMENT THAT PROCESSES PEANUTS AND TREE NUTS