

# NUTRITIONAL FACTS

FARMER JON'S

## Butter

### Butter Large

#### Nutrition Facts

28 Servings Per Container  
Serving Size 1 Cup (10g)

Amount per serving  
**Calories 145**

% Daily Value\*

**Total Fat** 8g 10%

Saturated Fat 8g 40%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 225mg 10%

**Total Carbohydrate** 16g 6%

Dietary Fiber 3g 11%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 2g

Vitamin D 0mcg 0%

Calcium 0.9mg 0%

Iron 0.25mg 1%

Potassium 20mg 1%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Popcorn, Corn Oil, Salt, Beta Carotene.



# BUTTER

Net Weight: 10 oz (283g)





# NUTRITIONAL FACTS

*FARMER JON'S*

Cheddar Cheese

# NUTRITIONAL FACTS

FARMER JON'S

## Cheese Large

### Nutrition Facts

28 Servings Per Container  
Serving Size 1 Cup (10g)

Amount per serving  
**Calories 110**

% Daily Value\*

<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 10g	<b>3%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 1g	<b>0%</b>
Vitamin D 0mcg	0%
Calcium 0.9mg	0%
Iron 0.25mg	0%
Potassium 50mg	1%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Coconut Oil, Soybean Oil, Palm Oil, Corn Oil, Cheddar Cheese (pasteurized milk, cheese culture, salt, enzymes), Cream, Salt, Disodium Phosphate contains less than 2% of Sodium Phosphate, Lactic Acid, Paprika Oleoresin, Soy Lecithin, Annatto Extract, Popcorn.

**CONTAINS:** MILK AND SOYBEAN INGREDIENTS.

**Net Weight: 10 oz (283g)**

Manufactured for:  
Farmer Jon's Popcorn  
Breda, IA 51436



# CHEESE

Net Weight: 10 oz (283g)