



Potato & Cheddar Pierogi

Nutrition Facts	Amount/Serving	% Daily Value	Amount/Serving	% Daily Value
		Total Fat 7g	11%	Total Carbohydrate 33g
	Saturated Fat 4g	20%	Dietary Fiber 3g	11%
	<i>Trans</i> Fat 0g		Total Sugars 6g	
	Cholesterol 15mg	4%	Incl. 0g Added Sugars	0%
	Sodium 360mg	16%	Protein 9g	
	Vitamin D 0mcg	0%	• Calcium 132mg	15%
	Iron 1.1mg	6%	• Potassium 228mg	5%
Calories per serving 230	*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

About 8 servings per 25 count bag
Serving size 3 Pierogi (99g)

INGREDIENTS: Potatoes, Cheese (pasteurized milk, cheese culture, salt, enzymes, annatto coloring, cellulose), wheat flour (wheat flour enriched [niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid] malted barley flour), dehydrated potatoes (potatoes, mono and diglycerides, sodium acid, pyrophosphate and citric acid), water, eggs, soybean oil, salt, black pepper.

CONTAINS: Wheat, Eggs & Soy Ingredients

Kraut, Potato & Bacon Pierogi

Nutrition Facts	Amount/Serving	% Daily Value	Amount/Serving	% Daily Value
		Total Fat 7g	11%	Total Carbohydrate 31g
	Saturated Fat 2.5g	12%	Dietary Fiber 3g	13%
	<i>Trans</i> Fat 0g		Total Sugars 3g	
	Cholesterol 10mg	3%	Incl. 0g Added Sugars	0%
	Sodium 430mg	18%	Protein 7g	
	Vitamin D 0mcg	0%	• Calcium 39mg	4%
	Iron 2mg	10%	• Potassium 246mg	5%
Calories per serving 220	*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			

About 8 servings per 25 count bag
Serving size 3 Pierogi (99g)

INGREDIENTS: Wheat flour (wheat flour enriched [niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid] malted barley flour), sauerkraut (cabbage, salt, water), water, potatoes, bacon (cured with water, salt, sugar, sodium phosphates, sodium erythorbate, sodium nitrite), dehydrated potatoes (potatoes, mono and diglycerides, sodium acid, pyrophosphate and citric acid), onions, soybean oil, eggs, salt and spice.

CONTAINS: Wheat, Eggs & Soy Ingredients

