

NUTRITIONAL FACTS

FROOZEBALLS

Dulce De Leche



Nutrition Facts

2.5 servings per container
Serving size **2 balls (28g)**

Amount per serving
Calories 133

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 19mg	1%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	7%
Total Sugars 11g	
Contains less than 1g added sugars	0%
Protein 2g	

Vit. D 0mcg 0% • Calcium 0mg 0%
Iron 0mg 0% • Potas. 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Dates (Date Paste, Date Syrup), Cashews, Coconut, Peanuts, Natural Flavor, Salt, Hazelnuts, Almonds

The serious stuff

The Yummy stuff

NUTRITIONAL FACTS

FROOZEBALLS

Raspberry Dark Chocolate

Nutrition Facts

Serving: 1 pack,
Serv. size: 5 balls
(70g), Amount Per
Serving: **Calories**
260, **Total Fat** 8g
(11% DV), **Sat. Fat** 4g
(15% DV), **Trans Fat** 0g,
Cholest. 0mg (0% DV),
Sodium 54mg (2% DV),
Total Carb. 44g (14%
DV), **Fiber** 4g (14% DV),
Sugars 37g (includes 4g
added sugars (9% DV)),
Protein 4g, **Vit. D** (0%
DV), **Calcium** (0% DV),
Iron (2% DV), **Potas.**
(9% DV).
Percent Daily Values are based
on a 2,000 calorie diet.

The
serious
stuff

The
yummy
stuff

Ingredients:

dates, peanuts,
concentrated apple juice,
coconut, cocoa (5%),
concentrated pear puree,
cashew nuts, raspberry
puree (1%), concentrated
elderberry juice, natural
flavour, pink salt.

NUTRITIONAL FACTS

FROOZEBALLS

Peanut Butter and Jelly

Nutrition Facts
Serving: 1 pack, **Serv. size: 5 balls (70g),**
Amount Per Serving:
Calories 280,
Total Fat 12.4g (19% DV),
Sat. Fat 4.0g (20% DV), *Trans*
Fat 0g, **Cholest.** 0mg (0%
DV), **Sodium** 36mg (2% DV),
Total Carb. 33.4g (11%
DV), Fiber 9.5g (38% DV),
Total Sugars 31.7g, (Incl. 5g
Added Sugars, 10% DV),
Protein 5.6g, Vitamin A (0%
DV), Vit. C (2% DV), Calcium
(0% DV), Iron (2% DV).

The
serious
stuff

The
Yummy
stuff

Ingredients:
Dates, Peanuts,
Coconut, Apple
Juice, Pear Puree,
Strawberry Puree,
Elderberry Juice,
Pink Salt.

NUTRITIONAL FACTS

FROOZEBALLS

Chocolate Hazelnut

Nutrition Facts

Serving: 1 pack, **Serv. size: 5 balls (70g),**

Amount Per Serving:

Calories 300,

Total Fat 16.7g (26% DV),

Sat. Fat 5.0g (25% DV), *Trans*

Fat 0g, **Cholest.** 0mg (0%

DV), **Sodium** 37mg (2% DV),

Total Carb. 28.8g (10%

DV), Fiber 7.5g (30% DV),

Sugars 27.4g, **Protein** 6.8g,

Vit. D (0% DV), Calcium (0%

DV), Iron (0% DV), Vitamin A

(0% DV), Vitamin C.

Percent Daily Values are based on a 2,000 calorie diet.

The serious stuff

The Yummy stuff

Ingredients:

**Dates, Peanuts,
Hazelnuts, Coconut,
Raw Cacao, Pink Salt,
Natural Flavor.**

NUTRITIONAL FACTS

FROOZEBALLS

Caramel Chocolate Peanut Butter

Nutrition Facts

Serving: 1 pack,
Serv. size: 5 balls
(70g), Amount Per

Serving: **Calories**

277, **Total Fat** 13g
(16% DV), **Sat. Fat** 4g
(21% DV), **Trans Fat** 0g,
Cholest. 0mg (0% DV),
Sodium 64mg (3% DV),
Total Carb. 35g (13%
DV), **Fiber** 7g (26% DV),
Sugars 30.1g (includes 0g
added sugars (0% DV)).

Protein 7g, **Vitamin D**
(0% DV), **Calcium** (2%
DV), **Iron** (0% DV),
Potassium (12% DV).

Percent Daily Values are
based on a 2,000 calorie diet.

The
serious
stuff

The
Yummy
stuff

Ingredients:

**dates, peanuts (20%),
cocoa (6%), coconut,
cashew nuts, natural
caramel flavor (<1%),
pink salt.**

NUTRITIONAL FACTS

FROOZEBALLS

Triple Chocolate Fudge



Nutrition Facts

2.5 servings per container
Serving size 2 balls (28g)

Amount per serving
Calories 122

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 26mg	1%
Total Carbohydrate 17g	6%
Dietary Fiber 3g	11%
Total Sugars 12g	
Contains less than 1g added sugars	0%
Protein 2g	

Vit. D 0mcg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potas. 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The serious stuff

The yummy stuff

Ingredients:

Dates (Date Paste, Date Syrup), Cashews, Coconut, Cacao Nibs (6%), Cocoa Powder (3.5%), Peanut Butter, Cacao Mass (3%), Peanuts, Sunflower Oil, Natural Flavour, Salt, Hazelnuts, Almonds