

NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

16 (5oz) Twice Baked Potatoes with Cheddar and Bacon

Nutrition Facts	
Serving size	1 Potato
Amount Per Serving	
Calories	220
<small>% Daily Value*</small>	
Total Fat 12g	15%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 390mg	17%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 104mg	8%
Iron 0.72mg	4%
Potassium 470mg	10%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: POTATO, SOUR CREAM (CULTURED CREAM, GRADE A WHEY, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, GUAR GUM, CARAGEENAN, CALCIUM SULFATE, POTASSIUM SORBATE (PRESERVATIVE), LOCUS BEAN GUM), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, AND ANNATTO (COLOR)), WATER, BUTTER (CREAM, SALT), MARGARINE (PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, SALT, LECITHIN, MONO AND DIGLYCERIDES, SODIUM BENZOATE (PRESERVATIVE), CITRIC ACID AND BETA CAROTENE (COLOR)), BACON (PORK, WATER, SALT, SMOKE FLAVORING, SODIUM NITRITE), SALT, XANTHAN GUM, ONION POWDER, DRIED CHIVES, WHITE PEPPER
CONTAINS: MILK AND SOY

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Original Steak Seasoning Packet



The front of the packet features the Kansas City Steak Company logo (Established 1932) on the left. To its right are five stars and the word "ORIGINAL" with a crossed-knife icon. Below this is the slogan "TASTE. IT MATTERS." and the product name "STEAK SEASONING" in large, bold letters. The text describes the seasoning as a delicious spice blend for steaks, prime rib, roasts, and chicken. It provides instructions for use and a table for grilling times based on doneness: RARE (120°F-130°F, 7 min), MED. RARE (130°F-140°F, 9 min), and MEDIUM (140°F-150°F, 9 min). A "GRILLING TIPS" section includes advice on charcoal preparation, grill distance, and meat handling. A "Nutrition Facts" table is located at the bottom left, and the ingredients list (salt, spices, dehydrated garlic, tricalcium phosphate, anti-cake) is at the bottom. Distribution information for The Kansas City Steak Company is provided at the very bottom.

ESTABLISHED 1932
THE *Kansas City* STEAK COMPANY

★★★★★
ORIGINAL
TASTE. IT MATTERS.

STEAK SEASONING

Our seasoning mixture is a delicious combination of spices that enhances the flavor of your steaks, prime rib, roasts, steakhamburgers and chicken.

Bring meat to room temperature. Sprinkle on seasoning to taste. Sear over maximum heat. On charcoal grill: 1 minute each side. On gas grill: 2 minutes each side. Reduce heat to medium. Grill to taste.

RARE	MED. RARE	MEDIUM
120°F-130°F	130°F-140°F	140°F-150°F
7 MIN. >	9 MIN. >	9 MIN. >
FLIP, 7 MIN.	FLIP, 7 MIN.	FLIP, 9 MIN.

We recommend using a cooking thermometer to accurately measure the internal temperature.

CHARCOAL PREPARATION

- ★ Mound charcoal, ignite using a lighter or an electric starter.
- ★ Allow charcoal to burn until it is completely gray which assures your fire is at maximum heat.
- ★ Close or cover the grill while grilling but leave all air vents open.
- ★ The ideal distance between the grill and charcoal is 3 inches. If your grill cannot be adjusted, it may be necessary to alter grilling times shown.

GRILLING TIPS

- ★ Grilling success is achieved by using direct and indirect heat. Whether using a gas, charcoal or wood fire grill, the technique is the same. First, sear the meat over direct heat (maximum heat). Then, place over indirect heat (reduced heat) for the remainder of the cooking time.
- ★ When preparing meat for the grill, avoid cutting it or piercing it with a fork. This causes the meat to lose natural juices and flavor.

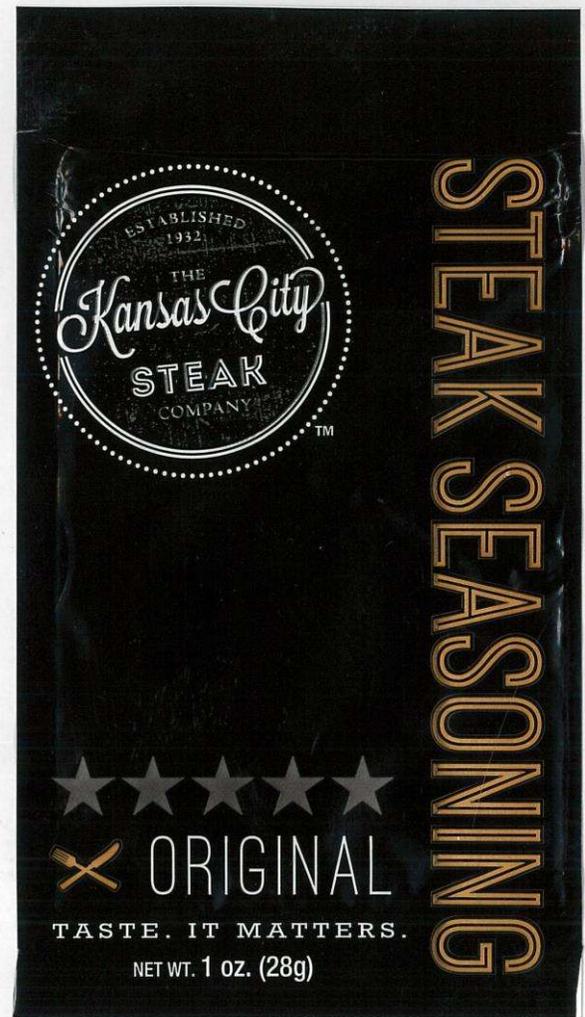
Nutrition Facts
Serving Size 1/4 tsp (0.8g)
Servings: About 35

Amount Per Serving	Calories from Fat 0	% Daily Value*
Total Fat 0g		0%
Sodium 200mg		8%
Total Carbohydrate 0g		0%
Protein 0g		

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: SALT, SPICES, DEHYDRATED GARLIC, TRICALCIUM PHOSPHATE (ANTI-CAKE).

Distributed by: The Kansas City Steak Company, Kansas City, KS 66106
kansascitysteaks.com 800 524 1844



The back of the packet features the Kansas City Steak Company logo (Established 1932) at the top left. Below it are five stars and the word "ORIGINAL" with a crossed-knife icon. The slogan "TASTE. IT MATTERS." is centered below. On the right side, the words "STEAK SEASONING" are printed vertically in large, bold letters. At the bottom, the net weight "NET WT. 1 oz. (28g)" is listed.

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STEAK SEASONING

NET WT. 1 oz. (28g)

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16 (5oz) Twice Baked Potatoes with Triple Cheese

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Serving size	1 Potato
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Calories	220
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 310mg	13%
Total Carbohydrate 26g	9%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 1.08mg	6%
Potassium 705mg	15%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: BAKED POTATO, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, STABILIZERS [CAROB BEAN, AND/OR XANTHAN, AND/OR GUAR GUMS), WATER, CHEDDAR CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURES, ENZYMES, CONTAINS LESS THAN 2% ANNATTO), TRIPLE CHEESE BLEND (MONTEREY JACK, CHEDDAR, AND BLUE CHEESE [PASTEURIZED MILK, SALT, CHEESE CULTURES, ENZYMES], BUTTERMILK, WHEY, SALT, PALM OIL, MALTODEXTRIN, ONION POWDER, XANTHAN GUM, BUTTER [CREAM], NONFAT DRY MILK, LACTIC ACID, CITRIC ACID, ANNATTO [COLOR], NATURAL FLAVORS, SOYBEAN OIL, TURMERIC EXTRACT [COLOR], DEXTROSE, CORN STARCH, YEAST EXTRACT), BUTTER (CREAM, SALT). CONTAINS: MILK AND SOY