

# NUTRITIONAL FACTS

MAMA MANCINI'S (M98203)

## MamaMancini's Breaded Chicken Cutlets with Italian Style Sauce & Mozzarella Cheese

### Breaded Chicken Cutlets

Nutrition Facts	
2 servings per container	
<b>Serving size</b>	<b>4 oz (113g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>350</b>
% Daily Value*	
<b>Total Fat</b> 23g	<b>29%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 1000mg	<b>43%</b>
<b>Total Carbohydrate</b> 15g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	
Vitamin D 0.3cg	2%
Calcium 290mg	20%
Iron 0.7mg	4%
Potassium 230mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Traditional Italian Sauce

Nutrition Facts	
4 servings per container	
<b>Serving size</b>	<b>4 oz (113g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>70</b>
% Daily Value*	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 360mg	<b>16%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 10g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1.7mg	10%
Potassium 530mg	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Mozzarella Cheese

Nutrition Facts	
2 servings per container	
<b>Serving size</b>	<b>2 oz (56g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
% Daily Value*	
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 380mg	<b>17%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 13g	
Vitamin D 0mcg	0%
Calcium 400mg	30%
Iron 0mg	0%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients: Tomato Sauce:** Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Black Pepper, Bay Leaf, Basil. **Chicken Breast:** Fully Cooked Boneless Chicken Breast Skinless, Italian Style Breadcrumbs (enriched flour [wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid], sugar, soybean oil, salt, yeast, maltodextrin, dehydrated garlic, spices autolyzed yeast extract, and silicon dioxide [added to prevent caking]), Romano Cheese (pasteurized cow's milk, cheese cultures, salt, enzymes), Flour (wheat flour, enriched [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid]), spices, salt, liquid eggs [whole eggs, citric acid, xanthan gum], canola and / or soybean oil). **Mozzarella Cheese:** Pasteurized Part-Skim milk, Cheese cultures, salt, Enzymes. **Contains: Wheat, Milk, Egg.**

**Package Net Weight: 80 oz. (5 LB)**

**M98203**