

Lemon Poppy Bundt

Nutrition Facts	
10 servings per container	
Serving size	1 slice (68g)
Amount Per Serving	
Calories	260
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 2.5g	13%
<i>Trans Fat</i> 0g	
Cholesterol 40mg	13%
Sodium 190mg	8%
Total Carbohydrate 31g	11%
Dietary Fiber <1g	3%
Total Sugars 18g	
Includes 17g Added Sugars	34%
Protein 4g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.9mg	4%
Potassium 50mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), SUGAR, OLIVE OIL, EGG, BUTTERMILK, LEMON JUICE, POWDERED SUGAR (SUGAR, CORNSTARCH), POPPY SEEDS, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), LEMON ZEST, SPICE, BAKING SODA

CONTAINS: MILK, EGG, WHEAT

BAKED BY EMILY ROSE, 518 BROADWAY MASSAPEQUA, NEW YORK 11758

Orange Olive Oil Bundt

Nutrition Facts	
11 servings per container	
Serving size	1 slice (62g)
Amount Per Serving	
Calories	220
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 2g	10%
<i>Trans Fat</i> 0g	
Cholesterol 25mg	8%
Sodium 115mg	5%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 17g Added Sugars	34%
Protein 2g	
Vitamin D 0.2mcg	0%
Calcium 20mg	2%
Iron 0.5mg	2%
Potassium 40mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, WHOLE MILK (MILK, VITAMIN D3), OLIVE OIL, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), EGG, ORANGE JUICE, ORANGE ZEST, SPICE, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), BAKING SODA

CONTAINS: MILK, EGG, WHEAT

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Blueberry Bundt Cake

Nutrition Facts	
10 servings per container	
Serving size	1 slice (68g)
Amount Per Serving	
Calories	220
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	25%
<i>Trans Fat</i> 0g	
Cholesterol 55mg	18%
Sodium 190mg	8%
Total Carbohydrate 33g	12%
Dietary Fiber <1g	3%
Total Sugars 21g	
Includes 18g Added Sugars	36%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.8mg	4%
Potassium 50mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), SUGAR, PIE FILLINGS, BLUEBERRY, CANNED, EGG, BUTTER (CREAM, NATURAL FLAVOR), SOUR CREAM (CULTURED CREAM, ENZYMES), POWDERED SUGAR (SUGAR, CORNSTARCH), SPICE, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), FLAVOR, BAKING SODA

CONTAINS: MILK, EGG, WHEAT

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