

# NUTRITIONAL FACTS

## Kouign Amann - Classic

Original

<b>Nutrition Facts</b>	
15 Servings Per Container	
<b>Serving Size</b>	<b>1 piece (84g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>320</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 370mg	<b>16%</b>
<b>Total Carbohydrate</b> 48g	<b>17%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 22g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 6g	<b>12%</b>
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 220mg	4%
<small>* The % Daily Value (DV) tells you how much a nutrient a serving of food contributes to a daily diet. 2,000 calo a day is used for general nutrition advice.</small>	

INGREDIENTS: Wheat Flour (Wheat Flour, Enzyme), Sugar, Water, Unsalted (Cultured) Butter (Pasteurized Cream (from milk), Natural Flavors (Lactic Acid, Starter Distillate)), Fresh Bakers Yeast, Dry Whole Milk, Salt, White Distilled Vinegar, Cultured Wheat Flour, Wheat Gluten, Devitalized Wheat Sourdough, Dough Conditioner (Xanthan Gum, Deactivated Yeast, Ascorbic Acid, Enzymes)  
Contains: Milk and Wheat  
Manufactured in a facility which also uses Egg, Soy and Tree Nuts

# NUTRITIONAL FACTS

## Kouign Amann – Raspberry

### Raspberry

<b>Nutrition Facts</b>	
18 Servings Per Container	
<b>Serving Size</b>	<b>1 piece (92g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>340</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 7g	<b>37%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>11%</b>
<b>Sodium</b> 390mg	<b>17%</b>
<b>Total Carbohydrate</b> 51g	<b>19%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 23g	
Includes 22g Added Sugars	<b>44%</b>
<b>Protein</b> 7g	<b>13%</b>
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 30mg	<b>2%</b>
<b>Iron</b> 0.6mg	<b>4%</b>
<b>Potassium</b> 240mg	<b>6%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient a serving of food contributes to a daily diet. 2,000 calo a day is used for general nutrition advice.</small>	

INGREDIENTS:Wheat Flour (Wheat Flour, Enzyme), Water, Sugar, Unsalted Butter (Cream (Milk), Natural Flavor), Raspberry Puree, Contains 2% or Less of the Following: Pectin, Citric Acid, Guar Gum, Calcium Chloride, Potassium Sorbate (Preservative), Red 40, Fresh Bakers Yeast, Dry Whole Milk, Salt, White Distilled Vinegar, Cultured Wheat Flour, Wheat Gluten, Devitalized Wheat Sourdough, Dough Conditioner (Xanthan Gum, Deactivated Yeast, Ascorbic Acid, Enzymes)  
Contains: Milk and Wheat- Manufactured in a facility which also uses Egg, Soy and Tree Nuts

# NUTRITIONAL FACTS

## Kouign Amann – Lemon Blueberry

### Nutrition Facts

15 servings per container

**Serving size** 1 piece (92g)

**Amount per serving**

**Calories** 350

**% Daily Value\***

**Total Fat** 13g 17%

Saturated Fat 7g 37%

Trans Fat 0g

**Cholesterol** 30mg 11%

**Sodium** 410mg 18%

**Total Carbohydrate** 53g 19%

Dietary Fiber 1g 4%

Total Sugars 24g

Includes 23g Added Sugars 45%

**Protein** 6g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 1.6mg 8%

Potassium 230mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Unsalted Butter (Cream (Milk), Natural Flavor), Lemon Fruit Bits (High Fructose Corn Syrup, Lemon (Lemon Peel, Water, Lemon Pulp Cells, Lemon Juice Concentrate), Water, Corn Syrup, Food Starch - Modified, Contains 2% or Less of: Natural Flavor, Preservative (Potassium Sorbate), Salt, Yellow 5), Blueberry Filling (Water, High Fructose Corn Syrup, Blueberries, Food Starch-Modified, Sugar, Dried Apples (Apples, Preservative (Sodium Sulfite)), Contains 2% or less of: Blue 1, Citric Acid, Corn Syrup Solids, Lemon Juice Solids, Natural and Artificial Flavor, Preservatives (Potassium Sorbate, Sodium Benzoate), Propylene Glycol, Red 40, Salt), Fresh Bakers Yeast, Dry Whole Milk, Salt, White Distilled Vinegar, Cultured Wheat Flour, Wheat Gluten, Deactivated Wheat Sourdough, Dough Conditioner (Wheat Flour, Xanthan Gum, Deactivated Yeast, Ascorbic Acid, Enzymes)

Contains: Milk and Wheat

Manufactured in a facility which also uses Egg, Soy and Tree Nuts