

# NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

## Caramel Walnut Fireside Blend

<b>Nutrition Facts</b>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	<b>Total Fat</b> 8g		<b>10%</b>	<b>Total Carbohydrate</b> 18g
Saturated Fat 2.5g		<b>13%</b>	Dietary Fiber 1g	<b>5%</b>
<i>Trans</i> Fat 0g			Total Sugars 15g	
Cholesterol 0mg		<b>0%</b>	Includes 11g Added Sugars	<b>23%</b>
Sodium 75mg		<b>3%</b>	<b>Protein</b> 2g	
Vitamin D 0mcg 0%			Calcium 30mg 2%	
			Iron 0.3mg 2%	
			Potassium 80mg 2%	

15 serving per container  
**Serving size**  
**30 g**

**Calories 140**  
**per serving**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cranberries: sugar, sunflower oil, cranberry juice from concentrate, Almonds: canola oil, salt, Glazed Walnuts: sugar, water, tapioca syrup, salt, canola oil, soy lecithin, rosemary extract., White Chocolate Chunks: sugar, palm kernel and palm oil, whey powder, nonfat dry milk solids, anhydrous dextrose, soy lecithin (an emulsifier), salt, and natural flavor, Caramel Sea Salt Drops: sugar, palm kernel and palm oil, whey powder, cocoa powder, salt, natural flavor, nonfat dry milk solids, anhydrous dextrose, soy lecithin (an emulsifier), and paprika extract (added for color)., Cultivated Blueberries: cane sugar, expeller pressed sunflower oil

Manufactured on equipment that also processes peanuts, tree nuts, milk, soy, wheat, egg, and sesame products. May contain stem, shell, pit and/or seed fragments.

CONTAINS:Almonds, Walnuts, Milk, Soy, Sesame

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## Caramel Turtle Pecan Cherry

<b>Nutrition Facts</b>	
15 servings per container	
<b>Serving size</b>	<b>30 g</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 13g	<b>16%</b>
Saturated Fat 3.5g	<b>18%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 2g	<b>6%</b>
Total Sugars 8g	
Includes 6g Added Sugars	<b>10%</b>
<b>Protein</b> 4g	
Vitamin D 1.5mcg	<b>8%</b>
Calcium 40mg	<b>2%</b>
Iron 0.5mg	<b>4%</b>
Potassium 150mg	<b>4%</b>
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Peanuts (canola oil, salt), Milk Caramel Turtles: sugar, palm kernel oil, corn syrup, sweetened condensed whole milk (milk, sugar), milk, nonfat milk, cocoa processed with alkali, heavy cream (milk), hydrogenated palm oil, butter (cream (milk), salt), soy lecithin (an emulsifier), salt, natural and artificial flavors, potassium sorbate (a preservative), Almonds: canola oil, salt, Peanut Butter Drops: sugar, hydrogenated palm kernel oil, partially defatted peanut flour, nonfat milk powder, dry whey (milk), peanut butter (roasted peanuts, hydrogenated rapeseed and cottonseed oils), dextrose, salt, soy lecithin (an emulsifier), Pecans: canola oil, salt, Cherries: sugar, sunflower oil

MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, SOY, MILK, WHEAT, EGG, and SESAME PRODUCTS. MAY CONTAIN STEM, SHELL, PIT AND/OR SEED FRAGMENTS.

CONTAINS: ALMONDS, MILK, PEANUTS, PECANS, SOY, SESAME

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## Winter Trails

<b>Nutrition Facts</b>	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	<b>Total Fat</b> 10g		<b>13%</b>	<b>Total Carbohydrate</b> 14g
Saturated Fat 2.5g		<b>13%</b>	Dietary Fiber 2g	<b>7%</b>
<i>Trans</i> Fat 0g			Total Sugars 8g	
Cholesterol 0mg		<b>0%</b>	Includes 6g Added Sugars	<b>13%</b>
Sodium 110mg		<b>5%</b>	<b>Protein</b> 4g	
Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0.6mg 4% • Potassium 110mg 2%				

15 servings per container  
**Serving size**  
**30 g**  
**Calories 160**  
per serving

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Peanuts: canola oil, salt. Chocolate Drops: sugar, chocolate liquor, cocoa butter, butterfat (milk), soy lecithin (an emulsifier), and vanilla extract., Peppermint Pretzel Balls: sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), palm kernel oil, corn syrup, nonfat milk powder, vegetable oil, dehydrated whey, dehydrated yogurt (cultured whey and nonfat milk, tapioca malt syrup ) tapioca syrup, malt extract), titanium dioxide (color), sea salt, soy lecithin, yeast, lactic acid, vanilla, natural peppermint oil, color red 40, acacia gum, shellac, coconut oil, soda. Sesame Sticks: enriched wheat flour (unbleached wheat flour, malted barley flour, flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), soybean oil, sesame seeds, honey coating (sucrose, wheat starch, honey), bulgur wheat, tack blend (maltodextrin, xanthan gum), salt, turmeric (color), beet powder (color). Almonds: canola oil, salt. Cranberries: sugar, sunflower oil, cranberry juice from concentrate

Manufactured on equipment that also processes peanuts, tree nuts, milk, soy, wheat, egg, and sesame products.

May contain stem, shell, pit and/or seed fragments

CONTAINS: Almonds, Milk, Peanuts, Soy, Wheat, Sesame