

# NUTRITIONAL FACTS

THE KANSAS CITY STEAK COMPANY

1 (3.5-4.0lb) Prime Rib Roast- Classic

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>4 oz (112g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>250</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 19g	<b>24%</b>
Saturated Fat 9g	<b>45%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	<b>40%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 0mg	0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**Ingredients:** Mechanically Tenderized Beef

Injected with up to a 10% solution of Water, Salt, Potassium Phosphate and Sodium Citrate

Bake until product reaches 145F as measured by a food thermometer, and hold the product at or above that temperature for 3 minutes.

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1 (4-5lb) Applewood Smoked Boneless Carver Ham

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>3 oz (84g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>150</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 2.5g	<b>13%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 800mg	<b>35%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 16g	<b>32%</b>
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 0.72mg	4%
Potassium 0mg	0%
Vitamin A	0%
Vitamin C	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Ham, Water, Salt, Sodium, Lactate, Brown Sugar, Cane Sugar, Contains 2% or less of: Sodium Phosphate, Vinegar, Honey Powder (Cane Sugar, Honey), Ascorbic Acid, Sodium Nitrite.

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1 (8oz) Honey Glaze

## Nutrition Facts

35 servings per container

**Serving size** 1 tsp (7g)

**Amount Per Serving**

**Calories** 20

% Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 6g	
Includes 0g Added Sugars	<b>0%</b>
Sugar Alcohol 0g	
<b>Protein</b> 0g	<b>0%</b>
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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**Ingredients:** Sugar, Honey Granules (Refinery Syrup, Honey), Spices.