

NUTRITIONAL FACTS

AUTHENTIC GOURMET

(8) All Butter French Croissants

Nutrition Facts	
Serving size 1 Croissant (60g)	
Amount per serving	
Calories	220
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 8.4g	42%
<i>Trans</i> Fat 0g	
Cholesterol 40mg	13%
Sodium 190mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 5g	10%
Vit. D 0mcg 0% • Calcium 15mg 2%	
Iron 0.3mg 2% • Potas. 58mg 2%	
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Wheat flour, butter (milk fat 82%, water, nonfat milk), water, yeast, sugar, wheat gluten, trehalose (source of glucose), salt, wheat germ, malted wheat flour, eggs, acerola extract (maltodextrin), marigold extract (color), enzymes (xylanase, alpha-amylase).

Contains: Milk, eggs, wheat. **Produced in a plant that uses:** Soybeans.

NUTRITIONAL FACTS

AUTHENTIC GOURMET

(8) Jumbo Chocolate Croissants

Nutrition Facts	
Serving size 1 Croissant (99g)	
Amount per serving	
Calories	340
% Daily Value*	
Total Fat 20g	25%
Saturated Fat 11g	53%
<i>Trans</i> Fat 0g	
Cholesterol 60mg	20%
Sodium 340mg	15%
Total Carbohydrate 36g	13%
Dietary Fiber 2g	6%
Total Sugars 5g	
Includes 4g Added Sugars	8%
Protein 7g	
Vit. D 1.9mcg 10% • Calcium 20mg 2%	
Iron 1.6mg 8% • Potas. 90mg 2%	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Unbleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Butter, Water, Fresh Milk, Sugar, Eggs, Yeast, Salt, Wheat Gluten, Ascorbic Acid, Enzymes. Chocolate Filling: Sugar, Unsweetened Chocolate, Dextrose, Cocoa Butter, Unsweetened Chocolate Processed with Alkali, Soy Lecithin, Natural Vanilla Flavor.

Allergens: Contains: Wheat, Milk, Egg and Soy.