

NUTRITIONAL FACTS

Cinnamon Raisin

Nutrition Facts	
4 servings per container	
Serving size	1 Cinnamon muffin (100g)
Amount Per Serving	
Calories	350
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 320mg	14%
Total Carbohydrate 47g	17%
Dietary Fiber 2g	7%
Total Sugars 22g	
Includes 19g Added Sugars	38%
Protein 5g	10%
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 0.5mg	2%
Potassium 70mg	2%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients:

UNBLEACHED ENRICHED FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, GRANULATED CANE SUGAR, CANOLA OIL, PALM SHORTENING, POWDERED CANE SUGAR (SUGAR, CORNSTARCH), RAISINS, WHOLE EGGS, CINNAMON, BUTTERMILK POWDER, SALT, CANE SYRUP, YEAST, MOLASSES, SUNFLOWER LECITHIN, ENZYMES

NUTRITIONAL FACTS

Original

Nutrition Facts	
4 servings per container	
Serving size 1 Cinnamon (100g)	
Amount Per Serving	
Calories	350
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 4.5g	23%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 320mg	14%
Total Carbohydrate 47g	17%
Dietary Fiber 2g	7%
Total Sugars 21g	
Includes 21g Added Sugars	42%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 0.5mg	2%
Potassium 52mg	2%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: UNBLEACHED ENRICHED FLOUR, (NIAIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, GRANULATED CANE SUGAR, CANOLA OIL, PALM SHORTEALING, POWDERED CANE SUGAR (SUGAR, CORNSTARCH), WHOLE EGGS, CINNAMON, BUTTERMILK POWDER, SALT, CANE SYRUP, YEAST, MOLASSES, SUNFLOWER LECITHIN, ENZYMES.

CONTAINS: MILK, EGG, WHEAT
MANUFACTURED ON SHARED EQUIPMENT
WITH SOY AND TREE NUTS

Sold & Distributed by:
Sweet Paradise Fine Foods
30932 San Clemente St.,
Hayward, CA 94544 USA

KEEP IN A COOL PLACE.



8 99375 00086 5

NUTRITIONAL FACTS

Apple Spice

Nutrition Facts	
4 servings per container	
Serving size 1 Cinnamon muffin (100g)	
Amount Per Serving	
Calories	240
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 300mg	13%
Total Carbohydrate 45g	16%
Dietary Fiber 2g	7%
Total Sugars 19g	
Includes 17g Added Sugars	34%
Protein 5g	10%
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1mg	6%
Potassium 87mg	2%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: UNBLEACHED ENRICHED FLOUR, (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, GRANULATED CANE SUGAR, CANOLA OIL, PALM SHORTENING, WHOLE EGGS, CINNAMON, GRANNY SMITH APPLES, BUTTERMILK POWDER, SALT, YEAST, MOLLASSES, ENZYMES, SUNFLOWER LECITHIN.

CONTAINS: MILK, EGGS, WHEAT.
MANUFACTURED ON SHARED EQUIPMENT WITH SOY AND TREE NUTS

Sold & Distributed by:
Sweet Paradise Fine Foods
30932 San Clemente St.,
Hayward, CA 94544 USA

KEEP IN A COOL PLACE.



8 99375 00095 7