

# Dark Chocolate

**NUTRITION FACTS**

1 SERVINGS PER CONTAINER  
SERVING SIZE 1 BAG (28g)

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AMOUNT PER SERVING  
**CALORIES 95**

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**% DAILY VALUE\***

TOTAL FAT 6g	8%
SATURATED FAT 3.5g	15%
TRANS FAT 0g	
CHOLESTEROL 0mg	0%
SODIUM 0mg	0%
TOTAL CARBOHYDRATE 19g	7%
DIETARY FIBER 7g	25%
TOTAL SUGARS <1g	
INCLUDES 0g ADDED SUGARS	0%
ERYTHRITOL 10g	
NET CARBS 2g	
PROTEIN 1g	

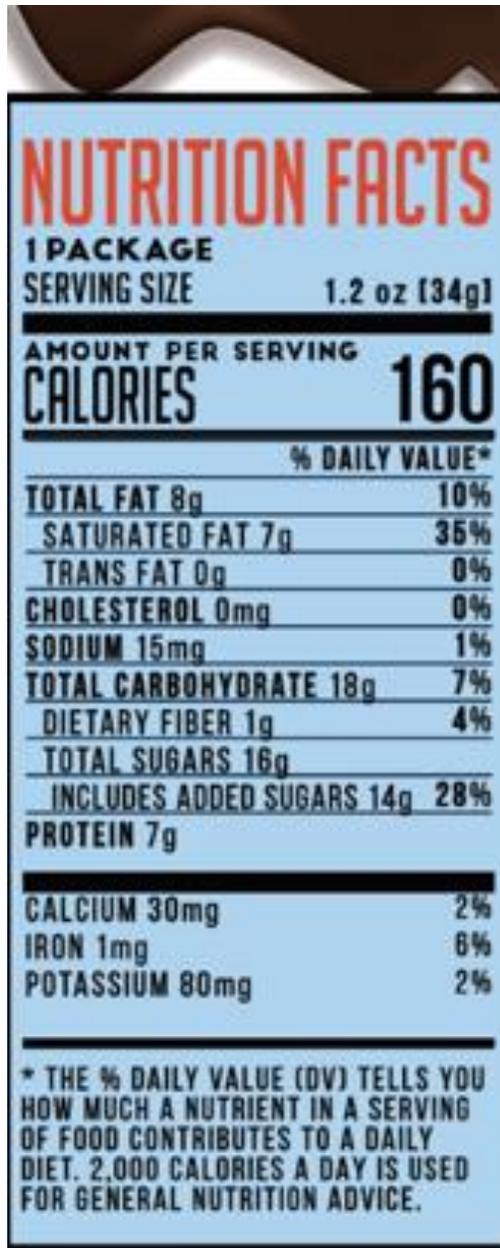
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VITAMIN D 0mcg	0%
CALCIUM 10mg	0%
IRON 2mg	10%
POTASSIUM 120mg	2%

\* THE % DAILY VALUE (DV) TELLS YOU HOW MUCH A NUTRIENT IN A SERVING OF FOOD CONTRIBUTES TO A DAILY DIET. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE.

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# Milk Chocolate Crunch



The image shows a nutrition facts label for Milk Chocolate Crunch. The label is rectangular with a light blue background and black text. At the top, there is a decorative wavy border. The title 'NUTRITION FACTS' is in large, bold, red letters. Below it, '1 PACKAGE' is written in black. The serving size is '1.2 oz (34g)'. The amount per serving is '160 CALORIES'. The label lists various nutrients and their percentages of daily value. A disclaimer at the bottom explains the % Daily Value.

AMOUNT PER SERVING	
<b>160</b>	<b>CALORIES</b>
% DAILY VALUE*	
TOTAL FAT 8g	10%
SATURATED FAT 7g	35%
TRANS FAT 0g	0%
CHOLESTEROL 0mg	0%
SODIUM 15mg	1%
TOTAL CARBOHYDRATE 18g	7%
DIETARY FIBER 1g	4%
TOTAL SUGARS 16g	
INCLUDES ADDED SUGARS 14g	28%
PROTEIN 7g	
CALCIUM 30mg	2%
IRON 1mg	6%
POTASSIUM 80mg	2%

\* THE % DAILY VALUE (DV) TELLS YOU HOW MUCH A NUTRIENT IN A SERVING OF FOOD CONTRIBUTES TO A DAILY DIET. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE.