

NUTRITIONAL FACTS

CORKY'S BBQ



5 lb Boneless Smoked Carving Ham

with Corky's Honey Brown Sugar Glaze

Nutrition Facts	
Serving Size: 3.50 oz (100g) Servings per Container Varied	
Amount Per Serving	
Calories 170 Calories from Fat 50	
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 830mg	35%
Total Carbohydrate 18g	6%
Dietary Fiber 0g	0%
Sugars 17g	
Protein 11g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 2%	
<small>Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.</small>	
	<small>(Calories 2,000 2,500)</small>
Total Fat Less Than 60g	<small>60g</small>
Sat Fat Less Than 10g	<small>10g</small>
Cholesterol Less Than 300mg	<small>300mg</small>
Sodium Less Than 2400mg	<small>2400mg</small>
Total Carbohydrate 300g	<small>300g</small>
Dietary Fiber 25g	<small>25g</small>
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

Ingredients: Ham (Cured with Water, Dextrose, Contains 2% or Less of Salt, Sodium Phosphates, Potassium Acetate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Sodium nitrite.) **Corky's Honey Brown Sugar Glaze** (Brown Sugar, Water, Apple Cider Vinegar, Molasses, Honey, Food Starch Modified, Salt, Onion Powder, Soybean Oil, Garlic Powder, Xanthan Gum, Spices, Sodium Benzoate (Preservative)).