

# NUTRITIONAL FACTS

OLIVAREZ

## Olivarez Natural Pure Raw California Wildflower Honey

### Nutrition Facts

Serving Size 1 Tbsp (21g). Servings per container 16. Amount per serving:

**Calories** 64, **Total Fat** 0g (0% DV), **Cholesterol** 0mg (0% DV), **Sodium** 0mg (0% DV)

**Total Carb.** 17g (4% DV), **Dietary Fiber** 0g (0% DV), **Total Sugars** 17g (34% DV)

**Protein** 0g, **Vitamin D** 0mcg 0%, **Calcium** 0mg 0%, **Iron** .1mg 0%, **Potassium** 11mg 6%.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: 100% Pure California Wildflower Honey

# NUTRITIONAL FACTS

OLIVAREZ

## Olivarez Natural Pure Raw Hawaiian Wildflower Honey

<b>Nutrition Facts</b>	
Serving Size 1 Tbsp (21g). Servings per container 16. Amount per serving:	
<b>Calories</b> 64, <b>Total Fat</b> 0g (0% DV), <b>Cholesterol</b> 0mg (0% DV), <b>Sodium</b> 0mg (0% DV)	
<b>Total Carb.</b> 17g (4% DV), <b>Dietary Fiber</b> 0g (0% DV), <b>Total Sugars</b> 17g (34% DV)	
<b>Protein</b> 0g, Vitamin D 0mcg 0%, Calcium 0mg 0%, Iron .1mg 0%, Potassium 11mg 6%.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.	

Ingredients: 100% Pure Hawaiian Wildflower honey

# NUTRITIONAL FACTS

OLIVAREZ

## Olivarez Natural Pure Raw Montana Sweet Clover Honey

### Nutrition Facts

Serving Size 1 Tbsp (21g). Servings per container 16. Amount per serving:

**Calories** 64, **Total Fat** 0g (0% DV), **Cholesterol** 0mg (0% DV), **Sodium** 0mg (0% DV)  
**Total Carb.** 17g (4% DV), **Dietary Fiber** 0g (0% DV), **Total Sugars** 17g (34% DV)  
**Protein** 0g, **Vitamin D** 0mcg 0%, **Calcium** 0mg 0%, **Iron** .1mg 0%, **Potassium** 11mg 6%.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: 100% Pure Montana Sweet Clover Honey