

# RASTELLI'S (1) 1 LB. BAG PARTIALLY COOKED ALL WHITE MEAT BREADED CHICKEN TENDERS

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size</b>	<b>113g (4oz)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>190</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 15g	<b>5%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 23g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 1mg	6%
Potassium 310mg	6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:** Chicken, Panko Breadcrumbs (Wheat Flour, Sugar, Yeast and Salt), Parmesan Cheese (Pasteurized Cow's Milk, Cultures, Salt, And Enzymes), Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Parsley, Salt, Eggs, Black Pepper.  
**CONTAINS:** Wheat, Eggs, Milk.