

2oz. Filet Mignon Medallions

Nutrition Facts	
5 servings per container	
Serving size 4 oz (112g)	
Amount per serving	
Calories 160	
% Daily Value*	
Total Fat 7g	10%
Saturated Fat 2.5g	13%
<i>Trans Fat</i> 0g	
Cholesterol 70mg	23%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 24g	49%
Vitamin D 0.1mcg	0%
Calcium 20mg	0%
Iron 2.8mg	15%
Potassium 320mg	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Beef