NUTRITIONAL FACTS

SIMPLY PEANUT BUTTER CRISPIES

Peanut Butter Crispies 4.7oz

Nutrition Facts

6 servings per bag

Serving size	**1 piece (23g)**
Amount per serving	
Calories	**120**
	% Daily Value*
Total Fat 8g	**10%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 40mg	**2%**
Total Carbohydrate 10g	**4%**
Dietary Fiber 1g	**4%**
Total Sugars 5g	
Includes 5g Added Sugars	**10%**
Protein 3g	
Vitamin D 0mcg	0%
Calcium 10mg	2%
Iron 0.3mg	2%
Potassium 160mg	4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

SIMPLY CHOCOLATE DATE BARS

Chocolate Date Bars - Salted Peanut 4.5oz

Nutrition Facts

6 servings per bag

Serving size	**1 Bar (21g)**
Amount per serving	
Calories	**90**
	% Daily Value*
Total Fat 4g	**5%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 65mg	**3%**
Total Carbohydrate 12g	**4%**
Dietary Fiber 1g	**4%**
Total Sugars 9g	
Includes 2g Added Sugars	**4%**
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.3mg	2%
Potassium 50mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.