

NUTRITIONAL FACTS

KENCKO

Purples Fruit Smoothies

Nutrition Facts	
Serving size	1 packet (22g)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 17g	6%
Dietary Fiber 3g	11%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.7mg	4%
Potassium 270mg	6%
Vitamin A 0mcg	0%
Vitamin C 22mg	25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The label image is for preview purposes only.

Ingredients

dried banana†, dried strawberry†, dried blackberry†, dried blueberry†, dried date†, dried raspberry†, dried cranberry†, apple fiber†.

NUTRITIONAL FACTS

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Red Fruit Smoothies

Nutrition Facts	
Serving size	1 packet (22g)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 3g	11%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.8mg	4%
Potassium 210mg	4%
Vitamin A 0mcg	0%
Vitamin C 23mg	25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Ingredients

dried strawberry†, dried banana†, dried apple†, dried raspberry†, dried date†, chia seed†, dried ginger†, apple fiber†.

NUTRITIONAL FACTS

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Green Fruit Smoothies

Nutrition Facts	
Serving size	1 packet (22g)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 16g	6%
Dietary Fiber 3g	11%
Total Sugars 13g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 236mg	6%
Vitamin A 75mcg	8%
Vitamin C 19mg	20%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

All ingredients: pineapple, banana, apple, kiwi, spinach, kale, ginger, apple fiber.

* All organic