

NUTRITIONAL FACTS

6oz Pretzel

Nutrition Facts

12 servings per container

Serving size 1 Pretzel (170g)

Amount Per Serving

Calories 430

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 540mg **23%**

Total Carbohydrate 80g **29%**

Dietary Fiber 3g **11%**

Total Sugars 4g

Includes 2g Added Sugars **4%**

Protein 12g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 5.3mg 30%

Potassium 150mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BLEACHED, ENRICHED FLOUR, MALTED BARLEY FLOUR, POTASSIUM BROMATE (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, DARK BROWN SUGAR (CANE SUGAR, CANE SYRUPS), SALT, ENZYMES, CULTURED WHEAT STARCH, YEAST

CONTAINS: WHEAT

MANUFACTURED BY: THE PRETZEL COMPANY - 75 ABERDEEN ROAD YORK, PA 17406

NUTRITIONAL FACTS

9oz Sweet Hot Mustard

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*		
Servings Per Container: 68	Serving Size: 1 tsp. (5g)	Total Fat	0g	0%	Total Carb.	2g	1%
		Sat. Fat	0g	0%	Fiber	0g	0%
Amount per serving		Trans Fat	0g	Total Sugars	1g		
Calories 10		Includes 1g of Added Sugars				2%	
		Cholest.	0mg	0%	Protein	0g	
		Sodium	55mg	2%			
Vitamin D 0mcg 0% • Calcium 3mg 0% • Iron 0mg 0% • Potassium 5mg 0%							
*%DV = % Daily Value							

INGREDIENTS: Sugar, Distilled Vinegar, Water, Mustard Seed, Honey, Salt, Spice, Artificial Flavoring, Turmeric, Soybean Oil, Citric Acid.

NUTRITIONAL FACTS

9oz Polish Style Mustard

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Servings Per Container: 68		Total Fat 0g	0%	Total Carb. 1g	0%
Serving Size: 1 tsp. (5g)		Trans Fat 0g		Dietary Fiber 0g	0%
Amount per serving		Cholest. 0mg	0%	Sugars 1g	2%
Calories 5		Sodium 120mg	5%	(Incl. 1g Added Sugars)	
		Protein 0g			
		Vitamin D 0% • Calcium 0% • Iron 0% • Potassium 0%			
*Percent Daily Values (DV) are based on a 2,000 calorie diet.					
Ingredients: Distilled Vinegar, #1 Mustard Seed, Sugar, Salt, Horseradish, Spice.					

INGREDIENTS: Sugar, Distilled Vinegar, Water, Mustard Seed, Honey, Salt, Spice, Artificial Flavoring, Turmeric, Soybean Oil, Citric Acid.