

NUTRITIONAL FACTS

1oz Bag Premium Greek Olives

Kalamata Olives

Nutrition Facts

2 servings per container
Serving size
About 4 olives (15g)

Amount per serving

Calories

45

Total Fat 4.5g 6%

Saturated Fat .5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 190mg 8%

Total Carbohydrate <1g 0%

Dietary Fiber <1g 2%

Total Sugar 0g

Protein 0g

Vit. D 0mcg 0% • Calcium 10mg 0%

Iron 0.1mg 0% • Potas. 10mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NATURAL INGREDIENTS:

KALAMATA PITTED OLIVES (OLIVES, SALT, RED WINE VINEGAR), EXTRA VIRGIN OLIVE OIL

NUTRITIONAL FACTS

1oz Bag Premium Greek Olives
Lemon Garlic Green Olives

Nutrition Facts

2 servings per container

Serving size
About 4 olives (15g)

Amount per serving

Calories
20

Total Fat 2.5g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 230mg **10%**

Total Carbohydrate <1g **0%**

Dietary Fiber <1g **2%**

Total Sugar 0g

Protein 0g

Vit. D 0mcg 0% • Calcium 10mg 0%

Iron 0.1mg 0% • Potas. 10mg 0%

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NATURAL INGREDIENTS:

GREEN PITTED OLIVES (OLIVES, SALT, LACTIC ACID), LEMON PEEL, MINCED GARLIC, LEMON JUICE, EXTRA VIRGIN OLIVE OIL

NUTRITIONAL FACTS

1oz Bag Premium Greek Olives
Mediterranean Herbs - Olive Medley

Nutrition Facts

2 servings per container
Serving size
About 4 olives (14g)

Amount per serving
Calories
35

| | |
|-------------------------------|-------------------|
| Total Fat 3.5g | 4% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 210mg | 9% |
| Total Carbohydrate <1g | 0% |
| Dietary Fiber <1g | 2% |
| Total Sugar 0g | |
| Protein 0g | |
| Vit. D 0mcg 0% | • Calcium 10mg 0% |
| Iron 0.1mg 2% | • Potas. 10mg 0% |

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NATURAL INGREDIENTS:

GREEN PITTED OLIVES, KALAMATA PITTED OLIVES, GARLIC, PARSLEY, GREEN ONION, BASIL, ROSEMARY, OREGANO, BLACK PEPPER, THYME, SAGE, CHILLI PEPPER, SEA SALT, EXTRA VIRGIN OLIVE OIL