

RAISIN BRAN MUFFIN

Nutrition Facts	
8 Servings Per Container	
Serving size	6oz (170g)
Amount per serving	
Calories	620
% Daily Value*	
Total Fat 27g	35%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 110mg	37%
Sodium 360mg	16%
Total Carbohydrate 88g	32%
Dietary Fiber 6g	21%
Total Sugars 47g	
Includes 30g Added Sugars	78%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 74mg	6%
Iron 3mg	15%
Potassium 224mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: sugar, bleached wheat flour, eggs, soybean oil, water, wheat bran, raisins, modified corn starch, molasses, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), dairy whey, soy flour, wheat gluten, sour cream, salt, natural and artificial flavors, emulsifiers (sodium stearoyl lactylate, propylene glycol monoesters, monoglycerides), natural & artificial vanilla flavor, caramel color.

Contains: Eggs, Milk, Soy, Wheat
May Contain: Tree Nuts and/or Peanuts
KOSHER DAIRY CERTIFIED

CHOCOLATE CHEESECAKE CHEESE MUFFIN

Nutrition Facts	
4 servings per container	
Serving size	6oz (170g)
Amount per serving	
Calories	670
% Daily Value*	
Total Fat 37g	47%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 140mg	47%
Sodium 410mg	18%
Total Carbohydrate 81g	29%
Dietary Fiber 2g	7%
Total Sugars 48g	
Includes 47g Added Sugars	94%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 65mg	6%
Iron 2mg	10%
Potassium 288mg	6%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: sugar, bleached wheat flour, eggs, soybean oil, water, cream cheese (pasteurized cultured milk and cream, salt, gums of xanthan, carob bean, and or guar), chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural vanilla), cocoa processed with alkali, modified corn starch, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), dairy whey, soy flour, sour cream, wheat gluten, salt, natural and artificial flavors, emulsifiers (sodium steareoyl lactylate, propylene glycol monoesters, monoglycerides), natural & artificial vanilla flavor, potassium sorbate.

Contains: Eggs, Milk, Soy, Wheat
May Contain: Tree Nuts and/or Peanuts
KOSHER DAIRY CERTIFIED

BANANA NUT MUFFIN

Nutrition Facts	
6 servings per containers	
Serving Size	1 muffin, 6 oz (170g)
Amount per serving	
Calories	690
% Daily Value*	
Total Fat 39g	50%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 130mg	43%
Sodium 420mg	18%
Total Carbohydrate 78g	28%
Dietary Fiber 1g	4%
Total Sugars 44g	
Includes 40g Added Sugars	80%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1mg	6%
Potassium 140mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: sugar, bleached wheat flour, eggs, soybean oil, water, banana puree, walnuts, modified corn starch, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], dairy whey, soy flour, salt, wheat gluten, natural and artificial flavors, emulsifiers [sodium stearoyl lactylate, propylene glycol monoesters, monoglycerides]), wheat gluten, natural & artificial banana flavor.

Contains: Eggs, Milk, Soy, Wheat
May Contain: Tree Nuts and/or Peanuts
KOSHER DAIRY CERTIFIED

MOUNTAIN BERRY MUFFIN

Nutrition Facts	
4 Servings Per Container	
Serving size	1 muffin, 6oz (170g)
Amount per serving	
Calories	600
% Daily Value*	
Total Fat 30g	38%
Saturated Fat 5g	25%
<i>Trans Fat</i> 0g	
Cholesterol 125mg	42%
Sodium 400mg	17%
Total Carbohydrate 75g	27%
Dietary Fiber 1g	4%
Total Sugars 42g	
Includes 39g Added Sugars	78%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 46mg	4%
Iron 1mg	6%
Potassium 69mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: sugar, bleached wheat flour, eggs, soybean oil, water, cranberries, blueberries, strawberries, modified corn starch, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), dairy whey, soy flour, sour cream, wheat gluten, salt, natural and artificial flavors, emulsifiers (sodium steareoyl lactylate, propylene glycol monoesters, monglycerides).

Contains: Eggs, Milk, Soy, Wheat
May Contain: Tree Nuts and/or Peanuts
KOSHER DAIRY CERTIFIED