

NUTRITIONAL FACTS

AUSTRALIS

Plain Skinless Barramundi Seabass

Nutrition Facts	
10 servings per container	
Serving size	5 oz (142g)
Amount Per Serving	
Calories	120
<small>% Daily Value*</small>	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 65mg	22%
Sodium 45mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 27g	54%
Vitamin D 12mcg	60%
Calcium 11mg	0%
Iron 0mg	0%
Potassium 470mg	10%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: Barramundi Fish

NUTRITION INFORMATION

7 SERVINGS PER CONTAINER

1 TBSP PER SERVING

Calories 90

% Daily Value

Total Fat 10g 13%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 30mg 10%

Sodium 10mg 0%

Total Carbohydrate <1g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 0%

Calcium 0%

Iron 0%

Potassium 0%

Ingredients: Grade AA Butter (pasteurized cream, lactic acid), Tuscan Herb Paste (garlic, canola/olive oil, parsley, thyme, basil, rosemary, salt, citric acid, black pepper), Roasted Garlic

Contains: milk

No artificial colors or flavors