

## Rastelli's (4) 6-oz Breaded Pork Ribeyes

<b>Nutrition Facts</b>	
4 servings per container	
<b>Serving size 1 outlet (170g/6oz)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>340</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 15g	<b>20%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> 120mg	<b>40%</b>
<b>Sodium</b> 490mg	<b>21%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 33g	<b>65%</b>
Vitamin D 0.7mcg	4%
Calcium 60mg	4%
Iron 1.5mg	8%
Potassium 530mg	10%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

**Ingredients:** Pork, Breadcrumbs (Panko [Bleached Wheat Flour, Dextrose, Yeast, and Salt]), Parmesan Cheese [(Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Modified Food Starch, Powdered Cellulose Added to Prevent Caking, Potassium Sorbate Added to Protect Flavor], Unbleached Flour [Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Parsley, Salt, Black Pepper, Eggs (Citric Acid), Canola Oil.

**Contains:** Wheat, Eggs, Milk

### 6 oz Breaded Pork Cutlet Cooking instructions

Conventional Oven: Preheat to 375 degrees F. Place frozen cutlet on sheet tray and bake for 7 minutes, flip cutlets over and continue to cook for 6 to 8 minutes or until the internal temperature reached 145 degrees F.

Air Fryer: Preheat Air fryer to 360 degrees F. Place cutlet in air fryer basket and cook for 7 minutes. Flip product and continue to cook for 5 to 7 minutes or until the internal temperature reaches 145 degrees F.