

Maggie & Mary's Pantry Pack Soup Chicken Dumpling

Nutrition Facts

Serving Size: 1/4 Cup dry mix (29g)
8 fl.oz. prepared

Servings Per Container: About 6

Amount Per Serving

Calories 110

Calories from Fat 25

% Daily Value*

Total Fat 2.5g	4%
Saturated Fat 1g	4%
<i>Trans Fat</i> 0g	
Cholesterol 15mg	5%
Sodium 680mg	28%
Total Carbohydrates 18g	6%
Dietary Fiber less than 1g	2%
Sugars 2g	
Protein 4g	
Vitamin A 40%	Calcium 2%
Vitamin C 2%	Iron 4%

* Percent Daily Values are based on 2,000 calorie diet.

Ingredients: Dumplings (Durham Wheat, Eggs, Water), Maltodextrin, Dehydrated Chicken, Modified Corn Starch, Dehydrated Vegetables (Carrots, Onion, Parsley), Chicken Fat, Salt, Dextrose, Hydrolyzed Corn Gluten, Sugar, Disodium Inosinate & Guanylate, Torula Yeast, Soy Flour, Autolyzed Yeast Extract, Silicon Dioxide (to prevent caking), Spices, Natural Flavors, Soy Sauce (Soybeans, Wheat, Salt), and Turmeric (added for color).

Maggie & Mary's Mushroom Beef Pantry Soup

Nutrition Facts	
Servings Per Container 6	
Serving Size 1/3 cup dry; 1 cup prepared	
Amount Per Serving	
Calories	130
% Daily Value(DV)*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 775mg	33%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	2%
Total Sugars 2g	
Includes 0 Added Sugars	0%
Protein 2g	
<small>Not a significant source of vitamin D, calcium, iron, and potassium</small>	
<small>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: Modified Corn Starch, Maltodextrin, Palm Oil, Butter and Sweet Cream Powder, [Butter (Cream, Salt), and Nonfat Milk], Corn Syrup Solids, Beef Fat, Yeast Extract, Dehydrated Vegetables (Onion and Garlic), Hydrolyzed Wheat Protein, Sunflower Oil, Paprika, Beef Broth, Hydrolyzed Corn and Soy Protein, Soy Sauce (Wheat, Soybeans, Salt), Spices, Sodium Caseinate, Disodium Phosphate, Caramel Color, Natural Mushroom Flavor, Dipotassium Phosphate, Monoglycerides, Soybean Oil, Tapioca Dextrin, Annatto and Turmeric Extract.
Contains: Milk, Soy, Wheat.

Maggie & Mary's Pantry Pack Soup

Brewhouse Beer Cheese

Ingredients: Cheddar, Blue, Romano, & Parmesan Cheese Powders, [(Pasteurized Milk, Salt, Extract of Annatto, Cultures, Enzymes), Whey, Soybean Oil, Buttermilk, Nonfat Milk, Sodium Phosphate, Salt, Butter (Cream), Natural Flavor, Citric Acid, Lactic Acid, Turmeric, Paprika Extract], Modified Corn Starch, Canola Oil, Corn Syrup Solids, Maltodextrin, Sea Salt, Dehydrated Onion, Nonfat Milk, Tomato Powder, Yeast Extract, Xanthan Gum, Soy Sauce (Wheat, Soybeans, Salt), Dipotassium Phosphate, Mono and Diglycerides, Sodium Caseinate, Silicon Dioxide (to prevent caking), Spices, and Dextrose. **[Contains: Milk, Soy, Wheat]**

Brewhouse Beer Cheese

Nutrition Facts	
About 6 Servings Per Container	
Serving Size: 3 Tbsp dry (28g)	
1 Cup Prepared	
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Amount Per Serving	
Calories	120
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<small>% Daily Value(DV)*</small>	
Total Fat 7g	11%
Saturated Fat 3.5g	17%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 730mg	30%
Total Carbohydrate 12g	4%
Dietary Fiber less than 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	
Protein 3g	6%
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Vitamin D 0%	• Calcium 2%
Iron 4%	• Potassium 0%
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<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	