

Crab Mac and Cheese and Mac and Cheese

May be kept frozen for up to 6 months from the pack date.
Refrigerated items should be consumed within 4 days.

Heating instructions

Defrost in the refrigerator. Pre Heat Oven 400 degrees
Bake 30-45 mins until center is Hot.
Serve.

* Frozen items should be thawed in a refrigerator and should take approximately 16-24 hours depending on your fridge.

Enjoy!



www.thecrabbyshak.com IG @thecrabbyshack FB crabbysackBK twitter:@thecrabbyshack