

12 Individual Chocolate Ganache Lava Cakes

Nutrition Facts

1 servings per container
Serving size 1 cake (170g)

Amount per serving
Calories 640

% Daily Value*

Total Fat 34g 44%

Saturated Fat 11g 55%

Trans Fat 0g

Cholesterol 125mg 42%

Sodium 450mg 20%

Total Carbohydrate 74g 27%

Dietary Fiber 0g 0%

Total Sugars 48g

Includes 47g Added Sugars 94%

Protein 9g

Vitamin D 0mcg 0%

Calcium 37mg 2%

Iron 5mg 30%

Potassium 52mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients Cane Sugar, Wheat Flour, Eggs, Semisweet Chocolate Chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural vanilla extract), Pasteurized Cream, Soybean Oil, Water, Cocoa (Alkalized), Sour Cream (Cultured milk, cream, modified food starch, sodium citrate, carrageenan, guar gum, locust bean gum), Soy Lecithin Oil (a Emulsifier), Black Cocoa (Alkalized), Corn Syrup, Salt, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Mono Calcium Phosphate), Baking Soda, Ultra Fresh (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Enzymes (Contains Wheat) and 2% or Less of Each of the Following: Salt), Emulsifier (Water, Sorbian Monostearate, Polysorbate 60, Mono- & Di-glycerides, Contains 2% or Less of Propionic Acid, Sodium Propionate [Preservative], Phosphoric Acid), Natural Vanilla Flavor.

MANUFACTURED ON EQUIPMENT THAT PROCESSES PEANUTS AND TREE NUTS

Keep Frozen

Thaw before serving

Heat in microwave from frozen 40-55 seconds or from thawed 20-35 seconds

Serve w/berries, ice cream as desired.