

# NUTRITIONAL FACTS & INGREDIENT LIST

VIRGINIA DINER

## 6.5oz Rocking Chair Mix

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>1 oz (28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<b>% Daily Value</b>	
<b>Total Fat 6g</b>	<b>8%</b>
Saturated Fat 5g	<b>25%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 115mg</b>	<b>5%</b>
<b>Total Carbohydrate 19g</b>	<b>7%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 14g	
Includes 13g Added Sugars	<b>25%</b>
<b>Protein 1g</b>	
Vitamin D 0.1mcg 0%	• Calcium 30mg 2%
Iron 0.9mg 6%	• Potassium 50mg 2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.	

### INGREDIENTS

Confection Coating - sugar, palm kernel oil, hydrogenated palm kernel oil, palm oil, reduced mineral whey powder, whole milk solids, nonfat dry milk solids, sorbitan monostearate, polysorbate 60, soy lecithin (an emulsifier), salt, vanilla (natural flavor), vanillin (artificial flavor), Pretzels - unbleached enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate-B1, riboflavin-B2, folic acid), malt, salt, organic soybean oil, Cereal - whole grain wheat, corn meal, sugar, brown sugar syrup, canola and/or sunflower oil, molasses, honey, fructose, baking soda, calcium carbonate, dextrose, trisodium phosphate, natural flavor, TBHQ and BHT added to preserve freshness, Cereal- whole grain oat flour, whole wheat flour, brown sugar, sugar, maltodextrin, malted barley extract, natural flavor, salt, baking soda, tocopherols (to preserve freshness), Almonds - almonds, salt.

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## 8oz Peanut Crunch

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size</b>	<b>1 oz (28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>150</b>
<b>% Daily Value</b>	
<b>Total Fat 8g</b>	<b>10%</b>
Saturated Fat 5g	<b>26%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 115mg</b>	<b>5%</b>
<b>Total Carbohydrate 18g</b>	<b>7%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 13g	
Includes 12g Added Sugars	<b>25%</b>
<b>Protein 2g</b>	
Vitamin D 0mcg 0%	• Calcium 20mg 2%
Iron 0.4mg 2%	• Potassium 50mg 2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.	

### INGREDIENTS

Confection Coating - sugar, palm kernel oil, hydrogenated palm kernel oil, palm oil, reduced mineral whey powder, whole milk solids, nonfat dry milk solids, sorbitan monostearate, polysorbate 60, soy lecithin (an emulsifier), salt, vanilla (natural flavor), vanillin (artificial flavor), Pretzels - unbleached enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate-B1, riboflavin-B2, folic acid), malt, salt, organic soybean oil, Mini Peanut Butter Cups - sugar, palm kernel oil, nonfat dry milk, partially defatted peanut flour, whole milk powder, cocoa powder processed with alkali, peanuts, hydrogenated palm oil, soy lecithin, salt, natural vanilla extract, hydrogenated vegetable fat (palm), TBHQ (a preservative), citric acid, Honey Roasted Peanuts - PEANUTS, SUGAR, HONEY, VEGETABLE OIL (PEANUT AND/OR SOY), SALT, XANTHAN GUM..

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## 8oz Caramel Brownie

<b>Nutrition Facts</b>	
8 servings per container	
<b>Serving size</b>	<b>1 oz (28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<b>% Daily Value</b>	
<b>Total Fat 7g</b>	<b>9%</b>
Saturated Fat 6g	<b>29%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 110mg</b>	<b>5%</b>
<b>Total Carbohydrate 20g</b>	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 15g	
Includes 14g Added Sugars	<b>27%</b>
<b>Protein 1g</b>	
Vitamin D 0.9mcg 4%	• Calcium 10mg 0%
Iron 0.2mg 0%	• Potassium 30mg 0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to the daily diet. 2,000 calories a day is used for general nutrition advice.	

### INGREDIENTS

**Confection Coating** - sugar, palm kernel oil, hydrogenated palm kernel oil, palm oil, reduced mineral whey powder, whole milk solids, nonfat dry milk solids, sorbitan monostearate, polysorbate 60, soy lecithin (an emulsifier), salt, vanilla (natural flavor), vanillin (artificial flavor), **Pretzels** - unbleached enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate-B1, riboflavin-B2, folic acid), malt, salt, organic soybean oil, **Brownie Bites** - milk chocolate (sugar, whole milk, cocoa butter, chocolate liquor, soy lecithin [an emulsifier], and vanillin [artificial flavoring]), brownie dough (sugar, wheat flour, fully hydrogenated vegetable oil [palm kernel, palm, soybean and cottonseed], corn starch, powdered sugar [sugar, corn starch], cocoa processed with alkali, water, corn syrup, fructose, glycerin, salt, soy lecithin, natural flavors [contains milk], xanthan gum, [TBHQ and citric acid added to protect flavor]), confectioner's glaze, artificial flavor, **Mini Caramels** - sugar, palm kernel oil, corn syrup, sweetened condensed milk (whole milk, sugar), whole milk powder, nonfat dry milk, cocoa powder processed with alkali, heavy cream (milk), butter, hydrogenated palm oil, soy lecithin, salt, natural flavor, artificial flavor, natural vanilla extract, potassium sorbate (a preservative).

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## 9oz Butter Toffee Peanuts

<b>Nutrition Facts</b>	
servings per container	
<b>Serving size</b>	<b>18 pieces (28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 40mg	<b>2%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 14g	
Includes 13g Added Sugars	<b>26%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 1mg	6%
Potassium 95mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

### INGREDIENTS

Peanuts, Sugar, Salted Butter (Sweet Cream, Salt) and Salt.

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