NUTRITIONAL FACTS

DAR BAKLAVA

Walnut Baklava

Nutrition Facts	
Serving size	**1 Package (50g)**
Amount per serving	
Calories	**270**
	% Daily Value*
Total Fat 17g	**22%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 25mg	**8%**
Sodium 5mg	**0%**
Total Carbohydrate 27g	**10%**
Dietary Fiber 1g	**4%**
Total Sugars 14g	
Includes 14g Added Sugars	**28%**
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.8mg	4%
Potassium 70mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pure Cane Sugar, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Butter Ghee (Milk Fat), Walnuts, Corn Starch, Powdered Milk (Whole Milk, Soy Lecithin, Vitamin A, Vitamin D).

Contains Milk, Soy, Tree Nuts, Wheat. May also contain Gluten.

NUTRITIONAL FACTS

DAR BAKLAVA

Cashew Baklava

Nutrition Facts	
Serving size	**1 package (50g)**
Amount per serving	
Calories	**260**
	% Daily Value*
Total Fat 16g	**21%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 15mg	**5%**
Sodium 5mg	**0%**
Total Carbohydrate 27g	**10%**
Dietary Fiber 1g	**4%**
Total Sugars 11g	
Includes 10g Added Sugars	**20%**
Protein 4g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.7mg	10%
Potassium 130mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cashews, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Pure Cane Sugar, Butter Ghee (Milk Fat), Corn Starch, Powdered Milk (Whole Milk, Soy Lecithin, Vitamin A, Vitamin D).

Contains Milk, Soy, Tree Nuts, Wheat. May also contain Gluten.

NUTRITIONAL FACTS

DAR BAKLAVA

Pistachio Baklava

Nutrition Facts	
Serving size	**1 Package (50g)**
Amount per serving	
Calories	**260**
	% Daily Value*
Total Fat 15g	**19%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 15mg	**5%**
Sodium 0mg	**0%**
Total Carbohydrate 27g	**10%**
Dietary Fiber 2g	**7%**
Total Sugars 11g	
Includes 10g Added Sugars	**20%**
Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.3mg	8%
Potassium 210mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pistachios, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Pure Cane Sugar, Butter Ghee (Milk Fat), Corn Starch, Powdered Milk (Whole Milk, Soy Lecithin, Vitamin A, Vitamin D).

Contains Milk, Soy, Tree Nuts, Wheat.
May also contain Gluten.