

NUTRITIONAL FACTS

RICCARDO'S

Riccardo's (8) 5.5-oz Authentic French Bread Pizza

Chicken Parmesan

Nutrition Facts

4 servings per container
Serving size 1 french bread pizza (158g)

Amount per serving
Calories **390**
 % Daily Value*

Total Fat 11g	14%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1050mg	46%
Total Carbohydrate 53g	19%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 3g Added Sugars	6%
Protein XXg	
Vitamin D 0mcg	0%
Calcium 207mg	15%
Iron 3mg	15%
Potassium 165mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BUN (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, FULLY REFINED SOYBEAN OIL, GRANULATED SUGAR, WHEAT GLUTEN, SALT, CALCIUM PROPIONATE (TO RETAIN FRESHNESS), DOUGH CONDITIONER (MALTED WHEAT FLOUR, ENZYMES, AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% ENZYMES), ALFREDO SAUCE (WATER, SEASONING (PARMESAN AND CHEDDAR CHEESE POWDER (PARMESAN AND CHEDDAR CHEESE (MILK, SALT, CULTURES, ENZYMES), NATURAL FLAVOR, DISODIUM PHOSPHATE, SALT, LACTIC ACID), WHEY, MALTODEXTRIN, CORN STARCH-MODIFIED, SALT, GARLIC POWDER, NATURAL FLAVORS, BUTTERMILK, SPICES, CORN STARCH, CITRIC ACID, LESS THAN 2% TRICALCIUM PHOSPHATE (ADDED TO PREVENT CAKING)), THREE CHEESE BLEND (MOZZARELLA CHEESE (MILK AND SKIM MILK, CULTURES, SALT, ENZYMES), CHEDDAR CHEESE BLEND (MILK AND SKIM MILK, CULTURES, SALT, ENZYMES, ANNATTO), CORN STARCH-MODIFIED, PROVOLONE CHEESE (MILK AND SKIM MILK, CULTURES, SALT, ENZYMES), POWDERED CELLULOSE (TO PREVENT CAKING), SODIUM CITRATE), CHICKEN BREAST WITH RIB MEAT (CHICKEN BREAST WITH RIB MEAT, WATER, SEASONING (SALT, SUGAR, SPICES (ONION POWDER, GARLIC POWDER, MALTODEXTRIN, CHILI POWDER (SALT, CUMIN, OREGANO, GARLIC, CHILI PEPPER, RED PEPPER, NATURAL GRILL FLAVOR, CITRIC ACID))), POTATO STARCH-MODIFIED, SODIUM PHOSPHATE), CONTAINS: WHEAT, MILK, MAY CONTAIN SESAME.

Contains Bioengineered food ingredients.

Three Cheese

Nutrition Facts

4 servings per container
Serving size 1 french bread pizza (137g)

Amount per serving
Calories **350**
 % Daily Value*

Total Fat 10g	13%
Saturated Fat 4g	19%
Trans Fat 0g	
Cholesterol 15mg	6%
Sodium 720mg	31%
Total Carbohydrate 50g	18%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 2g Added Sugars	5%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 160mg	15%
Iron 3.1mg	15%
Potassium 170mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BUN (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, FULLY REFINED SOYBEAN OIL, GRANULATED SUGAR, WHEAT GLUTEN, SALT, CALCIUM PROPIONATE (TO MAINTAIN FRESHNESS), DOUGH IMPROVER (MALTED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% ENZYMES), SAUCE (TOMATO PUREE (WATER, TOMATO PASTE (TOMATO PASTE, CITRIC ACID)), EXTRA VIRGIN OLIVE OIL, SEASONING (SALT, SPICES, GARLIC)), THREE CHEESE BLEND (MOZZARELLA CHEESE (MILK AND SKIM MILK, CULTURES, SALT, ENZYMES), CHEDDAR CHEESE BLEND (MILK AND SKIM MILK, CULTURES, SALT, ENZYMES, ANNATTO), CORN STARCH-MODIFIED, PROVOLONE CHEESE (MILK AND SKIM MILK, CULTURES, SALT, ENZYMES), POWDERED CELLULOSE (TO PREVENT CAKING), SODIUM CITRATE), CONTAINS: WHEAT, MILK, SESAME.

Contains Milk, Sesame, Wheat.

Contains Bioengineered Food Ingredients.