

# NUTRITIONAL FACTS & INGREDIENT LIST

PRETZEL PETE

## Smoked Gouda

<b>Nutrition Facts</b>	
Approx. 1 serving per container	
Serving size	<b>1oz (28.35g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>120</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3.5g	<b>5%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 260mg	<b>11%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	
<b>Vitamin D</b> 0.1mcg	<b>0%</b>
<b>Calcium</b> 20mg	<b>2%</b>
<b>Iron</b> 1.4mg	<b>8%</b>
<b>Potassium</b> 60mg	<b>2%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	
<b>Ingredients:</b> Pretzel Medley (Enriched Soft Red Winter Wheat Flour (Contains Iron as Ferrous Sulfate, Niacin, Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Non-GMO Canola Oil, Salt, Non-GMO Malt Syrup, Yeast and Soda), Expeller Pressed Non-GMO Canola Oil, Smoky Gouda Seasoning (Whey, natural flavors, buttermilk, salt, gouda and cheddar cheese powders [gouda and cheddar cheese (milk, cultures, salt, enzymes)], yeast extract, dehydrated onion, lactic acid, nonfat dry milk, spice, citric acid, disodium phosphate, extractives of turmeric, extractive of paprika).	
<b>CONTAINS: MILK, WHEAT</b>	

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## Sour Cream & Chive

<b>Nutrition Facts</b>	
Approx. 1 serving per container	
Serving size	<b>1oz (28.35g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>120</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3.5g	<b>5%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars 1g	
Includes <1g Added Sugars	<b>2%</b>
<b>Protein</b> 2g	
<b>Vitamin D</b> 0.1mcg	<b>0%</b>
<b>Calcium</b> 10mg	<b>0%</b>
<b>Iron</b> 1.4mg	<b>8%</b>
<b>Potassium</b> 50mg	<b>2%</b>
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	
<b>Ingredients:</b> Pretzel Medley (Enriched Soft Red Winter Wheat Flour (Contains Iron as Ferrous Sulfate, Niacin, Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Non-GMO Canola Oil, Salt, Non-GMO Malt Syrup, and Yeast), Sour Cream & Chive Seasoning (Sugar, sour cream (sour cream solids, cultured nonfat dry milk, citric acid, tocopherols and ascorbyl palmitate), salt, nonfat dry milk, garlic powder, onion powder, yeast extract, citric acid, malic acid, natural flavors, parsley, lactic acid), Expeller Pressed Non-GMO Canola Oil	
<b>CONTAINS: MILK, WHEAT</b>	