

NUTRITIONAL FACTS

Forest Fruit

Nutrition Facts

Servings: 13, **Serv. Size: 1 Tbsp (20g)**

Amount per serving: **Calories 30,**

Total Fat 0g (0% DV), Sat. Fat 0g (0% DV), Trans Fat 0g (0% DV), **Cholest.** 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carb** 7g (2% DV), Dietary Fiber 0g (0% DV), Total Sugars 6g (Incl. 6g Added Sugars 12% DV), **Protein** 0g, Vitamin D 0mcg (0% DV), Calcium 0mg (0% DV), Potassium 0mg (0% DV), Iron 0mg (0% DV)

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FRUITS (RASPBERRIES, BLACKBERRIES, BLUEBERRIES), SUGAR, WATER, PECTIN, CITRIC ACID.

NUTRITIONAL FACTS

Kiwi Lime

Kiwi Jam with Lime 9.52 OZ (270g)

Nutrition Facts

13 servings per container

Serving Size 1 Tbsp (20g)

Amount per serving

Calories 30

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 7g 3%

Dietary Fiber 0g 0%

Total Sugars 6g

Includes 6g Added Sugars 12%

Protein 0g

Vitamin D 0mcg 0% • Iron 0mg 0%

Calcium 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Kiwi, sugar, water, lime juice, pectin, citric acid.

NUTRITIONAL FACTS

Sweet Peach

Nutrition Facts

Servings: 13, **Serv. Size: 1 Tbsp (20g)**

Amount per serving: **Calories 30,**

Total Fat 0g (0% DV), Sat. Fat 0g (0% DV), Trans Fat 0g (0% DV), **Cholest.** 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carb** 7g (2% DV), Dietary Fiber 0g (0% DV), Total Sugars 7g (Incl. 6g Added Sugars 12% DV), **Protein** 0g, Vitamin D 0mcg (0% DV), Calcium 0mg (0% DV), Potassium 0mg (0% DV), Iron 0mg (0% DV)

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEACHES, SUGAR, WATER, PECTIN, CITRIC ACID.

NUTRITIONAL FACTS

Sour Cherry

SOUR CHERRY JAM 9.52 OZ (270g)

Nutrition Facts

About 13 servings per container

Serving Size 1 tbsp (20g)

Amount per serving

Calories 30

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 7g 6%

Dietary Fiber 0g 0%

Total Sugars 7g

Includes 6g Added Sugars 12%

Protein 0g

Vit. D 0mcg 0% • Calcium 0mg 0%

Iron 0mcg 0% • Potas. 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SOUR CHERRY, SUGAR, WATER, PECTIN, CITRIC ACID.

SOUR CHERRY JAM 9.52 OZ (270g)

Nutrition Facts

Servings: About 13, **Serv. Size: 1tbsp (20g),**

Amount per serving: **Calories 30,**

Total Fat 0g (0% DV), Sat. Fat 0g (0% DV), Trans Fat

0g (0% DV), **Cholest.** 0mg (0% DV), **Sodium** 0mg

(0% DV), **Total Carb** 7g (6% DV), Fiber 0g (0% DV),

Total Sugars 7g (Incl. 6g Added Sugars 12% DV),

Protein 0g, Vit. D (0mcg, 0% DV), Iron (0mcg, 0%

DV), Potas. (0mg, 0% DV), Calcium (0mg, 0% DV).

INGREDIENTS: SOUR CHERRY, SUGAR, WATER, PECTIN, CITRIC ACID.