

# NUTRITIONAL FACTS

ORCHARD VALLEY HARVEST

## PB & J Strawberry

### Nutrition Facts

8 servings per container

**Serving size** 1 package(28g)

**Amount per serving**

**Calories** 140

	<b>% Daily Value*</b>
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 5g	<b>24%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 80mg	<b>4%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 14g	
Includes 11g Added Sugars	<b>22%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.3mg	0%
Potassium 110mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** PEANUT BUTTER CRUNCHY COATED PEANUTS (PEANUT BUTTER COATING [SUGAR, HYDROGENATED PALM KERNEL OIL, PARTIALLY DEFATTED PEANUT FLOUR, NONFAT MILK, WHEY, PEANUT BUTTER (PEANUTS, HYDROGENATED RAPESEED AND COTTONSEED OIL), SALT, SOY LECITHIN], CRUNCHY COAT PEANUTS [PEANUTS, FLOUR BLEND (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORNSTARCH, RICE FLOUR, SUGAR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORNSTARCH, MONOCALCIUM PHOSPHATE)), CONTAINS LESS THAN 2% OF PEANUT OIL, HONEY, SALT], PEANUT BUTTER (PEANUTS), GUM ACACIA, SEA SALT, CONFECTIONER'S GLAZE, SUGAR), STRAWBERRY FLAVORED COATED FRUIT PIECES (CONFECTIONERY COATING [SUGAR, PALM KERNEL OIL, WHEY, NONFAT MILK, MILK, SOY LECITHIN, SALT, NATURAL FLAVOR], STRAWBERRY FLAVORED FRUIT PIECES [FRUIT (APPLE PUREE CONCENTRATE, APPLE JUICE CONCENTRATE, STRAWBERRY PUREE, ELDERBERRY JUICE CONCENTRATE), CITRUS FIBER, CITRUS PECTIN, NATURAL FLAVOR], GUM ACACIA, VEGETABLE JUICE COLOR, SUGAR, CONFECTIONER'S GLAZE, NATURAL FLAVOR, CITRIC ACID, SUNFLOWER LECITHIN).

COTAINS MILK, PEANUTS, SOY, WHEAT.

MAY CONTAIN TREE NUTS.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.

# NUTRITIONAL FACTS

ORCHARD VALLEY HARVEST

## PB & Chocolate

### Nutrition Facts

8 servings per container

**Serving size**

**1 package(28g)**

**Amount per serving**

**Calories**

**150**

	<b>% Daily Value*</b>
<b>Total Fat</b> 9g	<b>11%</b>
Saturated Fat 5g	<b>26%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 95mg	<b>4%</b>
<b>Total Carbohydrate</b> 15g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 12g	
Includes 11g Added Sugars	<b>21%</b>
<b>Protein</b> 3g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 20mg	<b>0%</b>
<b>Iron</b> 0.6mg	<b>4%</b>
<b>Potassium</b> 130mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** PEANUT BUTTER CRUNCHY COATED PEANUTS (PEANUT BUTTER COATING [SUGAR, HYDROGENATED PALM KERNEL OIL, PARTIALLY DEFATTED PEANUT FLOUR, NONFAT MILK, WHEY, PEANUT BUTTER (PEANUTS, HYDROGENATED RAPESEED AND COTTONSEED OIL), SALT, SOY LECITHIN], CRUNCHY COAT PEANUTS [PEANUTS, FLOUR BLEND (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORNSTARCH, RICE FLOUR, SUGAR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORNSTARCH, MONOCALCIUM PHOSPHATE)), CONTAINS LESS THAN 2% OF PEANUT OIL, HONEY, SALT], PEANUT BUTTER [PEANUTS], GUM ACACIA, SEA SALT, CONFECTIONER'S GLAZE, SUGAR), COATED BROWNIE PIECES (CHOCOLATE FLAVORED COATING [SUGAR, PALM KERNEL OIL, COCOA PROCESSED WITH ALKALI, WHEY, PALM OIL, SOY LECITHIN, SALT, NATURAL FLAVOR], BROWNIE [SUGAR, COCOA POWDER, GLYCEROL, SUNFLOWER OIL, WHEAT STARCH, CREAM POWDER, COCONUT OIL, GLUCOSE SYRUP, SALT], GUM ACACIA, SUGAR, CONFECTIONER'S GLAZE).

CONTAINS MILK, PEANUTS, SOY, WHEAT.

MAY CONTAIN TREE NUTS.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.