

RASTELL'S(12) 5 oz. ABF CHICKEN BREAST BONELESS SUPER TRIMMED & SKINLESS

Nutrition Facts	
12 servings per container	
Serving size	142g (5oz)
Amount per serving	
Calories	170
<small>% Daily Value*</small>	
Total Fat 3.5g	5%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 105mg	35%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 32g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.5mg	2%
Potassium 470mg	10%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: ABF Chicken Breasts