

NUTRITIONAL FACTS

GERMACK PISTACHIO COMPANY

Get Your Snack
On

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 10g		13%	Total Carbohydrate 14g
Saturated Fat 1.5g		7%	Dietary Fiber 2g	7%
<i>Trans</i> Fat 0g			Total Sugars 3g	
Cholesterol 0mg		0%	Includes 0g Added Sugars	0%
Sodium 220mg		10%	Protein 4g	
Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0.7mg 4% • Potassium 80mg 2%				

19 servings per container
Serving size
30 g

Calories 150
per serving

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Peanuts:(peanuts, canola oil, spices and salt), Salted Sesame Sticks: enriched wheat flour (unbleached wheat flour, malted barley, flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), soybean oil, sesame seeds, bulgur wheat, salt, beet powder (color), turmeric (color), Chili Cheese Corn Jax: (Yellow corn masa, soybean oil, chili cheese seasoning, (salt, maltodextrin [corn], whey, onion powder, cream powder, tomato powder, natural flavors, cheddar and swiss cheeses (milk, cheese cultures, salt, enzymes), spices, corn syrup solids, dextrose, garlic powder, less than 2% of the following: paprika, citric acid, lactic acid, yellow 5 lake, yellow 6 lake, disodium inosinate & disodium guanylate)), Almonds: canola oil, salt, Honey Sesame Chips: enriched wheat flour (unbleached wheat flour, malted barley, flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), soybean oil, sesame seeds, honey coating (sucrose, wheat starch, honey), bulgur wheat, tack blend (maltodextrin, xanthan gum), salt, turmeric (color), beet powder (color), Pretzel Balls: enriched wheat flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), vegetable oil, (may contain corn, canola, or soybean oil), salt, corn syrup, sodium bicarbonate, yeast, Raisins: sugar

MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, SESAME, TREE NUTS, MILK, SOY, WHEAT AND EGG. PRODUCTS MAY CONTAIN STEM, SHELL, PIT AND/OR SEED FRAGMENTS.

CONTAINS: ALMONDS, MILK, PEANUTS, SESAME, SOY, WHEAT

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Crispy Corn And Cashew

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
23 servings per container	Total Fat 9g	14%	Total Carbohydrate 15g	4%	
Serving size 30 g	Saturated Fat 1g	5%	Dietary Fiber 3g	12%	
Calories 146 per serving	<i>Trans</i> Fat 0g		Total Sugars 2g		
	Cholesterol 0mg	0%			
	Sodium 113mg	5%	Protein 4g		
	Vitamin A 0% • Calcium 1% • Iron 2% • Vitamin C 1%				

INGREDIENTS: Corn (sunflower oil, sea salt), Almonds (canola oil, salt), Sesame Chips (unbleached wheat flour, soybean oil, sesame seeds, sugar, wheat starch, honey, bulgur wheat, maltodextrin, salt, turmeric, beet powder, xanthan gum), Cashews (salt, pepper and other spices).

Manufactured on equipment that also processes peanuts, tree nuts, milk, soy, wheat and egg products. May contain stem, shell, pit and/or seed fragments.

CONTAINS: Almonds, Nuts, Soy, Wheat, Cashews