

Wild Rice Pantry Soup

Nutrition Facts	
Serving Size 1/4 Cup (28g)	
1 cup Prepared	
Servings Per Container 6	
Amount Per Serving	
Calories 90	Calories from Fat 5
% Daily Value(DV)*	
Total Fat 0.5g	1%
Sodium 660mg	28%
Total Carbohydrate 17g	6%
Dietary Fiber 4g	17%
Sugars 3g	
Protein 4g	
Vitamin A 10% · Vitamin C 30%	
Iron 8%	
Not a significant source of saturated fat, trans fat, cholesterol, and calcium.	
* Percent Daily Values (DV) based on a 2,000 calorie diet.	

INGREDIENTS: Wild and White Rice, Modified Corn Starch, Whey, Dehydrated Chicken Meat, Corn Syrup Solids, Palm Oil, Salt, Chicken Fat, Nonfat Milk, Dehydrated Vegetables (Onions, Carrots, Celery, Red Bell Peppers, Parsley, and Garlic), Lactose, Maltodextrin, Hydrolyzed Corn Gluten, Sugar, Disodium Inosinate and Disodium Guanylate, Xanthan Gum, Sodium Caseinate, Dextrose, Dipotassium and Disodium Phosphate, Torula Yeast and Yeast Extract, Silicon Dioxide (prevents caking), Mono & Diglycerides, Natural Flavor (Contains Soybeans and Wheat), Turmeric Extract (added for color), and Spices.

Contains: Soy, wheat, dairy

Maggie & Mary's Pantry Pack Soup

Burger Beef

Barley, Dehydrated Vegetables (Potato, Carrots, Onions, Tomatoes, Green Peas, Leeks, Parsley), Modified Corn Starch, Salt, Hydrolyzed Wheat, Corn, and Soy Protein, Beef Fat, Yeast Extract, Cane Sugar, Maltodextrin, Beef Broth, Caramel Color, Burgundy Wine Solids, Natural Flavor, Dextrose, Spices, and Sulfiting Agents. **[Contains: Soy, Wheat]**

BURGER BEEF SOUP

Nutrition Facts	
Serving Size 1/4 Cup (20g)	
1 cup Prepared	
Servings Per Container 6	
Amount Per Serving	
Calories 70 Calories from Fat 10	
% Daily Value(DV)*	
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Sodium 760mg	32%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 2g	
Vitamin A 45% · Vitamin C 4%	
Iron 2%	
Not a significant source of trans fat, cholesterol, and calcium.	
* Percent Daily Values (DV) based on a 2,000 calorie diet.	

Maggie & Mary's Pantry Pack Soup

Chicken Noodle

Ditalini Noodles (Durham Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Maltodextrin, Modified Corn Starch, Salt, Dehydrated Cooked Chicken, Dextrose, Carrot, Cane Sugar, Hydrolyzed Corn Protein, Chicken Fat, Torula Yeast, Onion, Spices, Chicken Broth Powder, Yeast Extract, Natural Flavor, Corn Starch, Turmeric Extract, Gelatin (from Beef or Pork), Silicon Dioxide (to prevent caking), Soy Sauce (Water, Soybeans, Wheat, Salt), Turmeric.

Contains: wheat, soy

CHICKEN NOODLE SOUP

Nutrition Facts	
Serving Size 1/4 Cup (27g)	
1 cup Prepared	
Servings Per Container 6	
Amount Per Serving	
Calories 100	Calories from Fat 20
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 960mg	40%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 3g	
Vitamin A 70% · Vitamin C 2%	
Calcium 2% · Iron 4%	
* Percent Daily Values (DV) based on a 2,000 calorie diet.	

Maggie & Mary's Pantry Pack Soup

Roadhouse Chili

Dehydrated Red Beans, Dehydrated Vegetables (Tomatoes, Onions, Chili Pepper, Green Bell Pepper, Garlic), Modified Corn Starch, Salt, Spices, Extractives of Paprika (added for color), Soybean Oil, Sugar, Xanthan Gum, Citric Acid, and Disodium Inosinate and Disodium Guanylate. **Contains: Soy**

ROADHOUSE CHILI

Nutrition Facts	
Serving Size 1/4 Cup (28g)	
1 cup Prepared	
Servings Per Container 6	
Amount Per Serving	
Calories 90	Calories from Fat 5
% Daily Value(DV)*	
Total Fat 0.5g	1%
Sodium 660mg	28%
Total Carbohydrate 17g	6%
Dietary Fiber 4g	17%
Sugars 3g	
Protein 4g	
Vitamin A 10% · Vitamin C 30%	
Iron 8%	
Not a significant source of saturated fat, trans fat, cholesterol, and calcium.	
* Percent Daily Values (DV) based on a 2,000 calorie diet.	

Maggie & Mary's Pantry Pack Soup

Brewhouse Beer Cheese

Ingredients: Cheddar, Blue, Romano, & Parmesan Cheese Powders, [(Pasteurized Milk, Salt, Extract of Annatto, Cultures, Enzymes), Whey, Soybean Oil, Buttermilk, Nonfat Milk, Sodium Phosphate, Salt, Butter (Cream), Natural Flavor, Citric Acid, Lactic Acid, Turmeric, Paprika Extract], Modified Corn Starch, Canola Oil, Corn Syrup Solids, Maltodextrin, Sea Salt, Dehydrated Onion, Nonfat Milk, Tomato Powder, Yeast Extract, Xanthan Gum, Soy Sauce (Wheat, Soybeans, Salt), Dipotassium Phosphate, Mono and Diglycerides, Sodium Caseinate, Silicon Dioxide (to prevent caking), Spices, and Dextrose. **[Contains: Milk, Soy, Wheat]**

Brewhouse Beer Cheese

Nutrition Facts	
About 6 Servings Per Container	
Serving Size: 3 Tbsp dry (28g)	
1 Cup Prepared	
Amount Per Serving	
Calories	120
<small>% Daily Value(DV)*</small>	
Total Fat 7g	11%
Saturated Fat 3.5g	17%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 730mg	30%
Total Carbohydrate 12g	4%
Dietary Fiber less than 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	
Protein 3g	6%
Vitamin D 0%	• Calcium 2%
Iron 4%	• Potassium 0%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	