

# NUTRITIONAL FACTS

Pumpkin

## Nutrition Facts

10 servings per container

**Serving size** 2.0oz (57g)

**Amount Per Serving**

**Calories** 200

**% Daily Value\***

**Total Fat** 9g 12%

Saturated Fat 3g 15%

*Trans* Fat 0.5g

**Cholesterol** 5mg 2%

**Sodium** 180mg 8%

**Total Carbohydrate** 28g 10%

Dietary Fiber 1g 4%

Total Sugars 13g

Includes 12g Added Sugars 24%

**Protein** 3g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0.4mg 2%

Potassium 40mg 0%

\*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** UNBLEACHED ENRICHED FLOUR ( NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GRANULATED CANE SUGAR, WATER, PUMPKIN, CANOLA OIL, PALM SHORTENING, POWDERED CANE SUGAR (SUGAR, CORNSTARCH), WHOLE EGGS, BUTTERMILK POWDER, CINNAMON, SALT, YEAST, GROUND GINGER, CLOVES, MOLASSES, SUNFLOWER LECITHIN, ENZYMES

**CONTAINS: EGG, MILK, WHEAT.**

MANUFACTURED ON SHARED EQUIPMENT WITH SOY AND TREE NUTS.

**Sold & Distributed by:**  
**Sweet Paradise Fine Foods**  
30932 San Clemente St.,  
Hayward, CA 94544 USA

**KEEP IN A COOL PLACE.**



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Original

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**Protein** 3g

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Calcium 30mg 2%

Iron 0.2mg 2%

Potassium 30mg 0%

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**INGREDIENTS:** UNBLEACHED ENRICHED FLOUR, (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, GRANULATED CANE SUGAR, CANOLA OIL, PALM SHORTENING, POWDERED CANE SUGAR (SUGAR, CORNSTARCH), WHOLE EGGS, CINNAMON, BUTTERMILK POWDER, SALT, CANE SYRUP, YEAST, MOLASSES, SUNFLOWER LECITHIN, ENZYMES.

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