

End Seals

INGREDIENTS: WHOLE WHEAT BREAD (ENRICHED UNBLEACHED UNBROMINATED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, MALT, IRON, THIAMIN MONONITRATE, NIACIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, AND/OR CANOLA OIL), WHEAT GLUTEN, WHEAT BRAN, SALT, SUGAR, YEAST, DEXTROSE, CALCIUM PROPIONATE (A PRESERVATIVE), SOY FLOUR, DIACETIC ACID, TARTARIC ACID, ESTERS OF MONO-DIGLYCERIDES (DATEM), MONO-DIGLYCERIDES, POTASSIUM SHORTE, ASCORBIC ACID, DILUENT, AZODIACETAMIDE (ADA), L-CYSTEINE), PROTEIN PEANUT BUTTER (PEANUT BUTTER (PEANUTS, SALT), WHEY PROTEIN ISOLATE, PEANUT OIL), ORGANIC GRAPE JELLY (ORGANIC CONDORO GRAPE JUICE FROM CONCENTRATE (WATER, ORGANIC CONDORO GRAPE JUICE CONCENTRATE), ORGANIC CANE SUGAR, APPLE PECTIN, ASCORBIC ACID (VITAMIN C), CITRIC ACID).

ALLERGENS:  
WHEAT, SOY, TREE NUTS, PEANUTS, DAIRY

Just thaw and enjoy. Store in the freezer for up to 6 months or the fridge for up to 7 days.



FIN



# PROTEIN PB & J SANDWICH

## GRAPE

### HANDMADE | 11G PROTEIN | WHOLE WHEAT BREAD

NET WT. 2.3 OZ (66g)

## Nutrition Facts

1 servings per container  
Serving size 1 Sandwich (66g)

Amount Per Serving  
**Calories 250**

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	7%
Total Carbohydrate 25g	10%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 3g Added Sugars	6%
Protein 11g	22%

\*Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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417 BALDWIN ST. WILMINGTON, NC 28412

**#ITSALIFESTYLE**

End Seals

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INGREDIENTS: WHOLE WHEAT BREAD (ENRICHED UNBLEACHED UNBROMINATED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, MALT, IRON, THIAMIN MONONITRATE, NIACIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, AND/OR CANOLA OIL), WHEAT GLUTEN, WHEAT BRAN, SALT, SUGAR, YEAST, DEXTROSE, CALCIUM PHOSPHATE (A PRESERVATIVE), SOY FLOUR, DIMETHYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATE), MONO-DIGLYCERIDES, POTASSIUM BICARBONATE, ASCORBIC ACID, DIAZIRINE, AZODIKARBOXYLIC (ADA), L-CYSTEINE), PROTEIN PEANUT BUTTER (PEANUT BUTTER (PEANUTS, SALT), WHEY PROTEIN ISOLATE, PEANUT OIL), ORGANIC STRAWBERRY JELLY (ORGANIC STRAWBERRIES, ORGANIC CANE SUGAR, APPLE PECTIN, ASCORBIC ACID (VITAMIN C), CITRIC ACID).

ALLERGENS:  
WHEAT, SOY, TREE NUTS, PEANUTS, DAIRY

Just thaw and enjoy. Store in the freezer for up to 6 months or the fridge for up to 7 days.



CleanEatz



**PROTEIN PB & J SANDWICH**

**STRAWBERRY**  
**HANDMADE | 11G PROTEIN | WHOLE WHEAT BREAD**

NET WT. 2.3 OZ (66g)

End Seals

## Nutrition Facts

1 servings per container  
Serving size 1 Sandwich (66g)

Amount Per Serving  
**Calories** **250**

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	7%
Total Carbohydrate 28g	10%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 3g Added Sugars	6%
Protein 11g	22%

\*Percent Daily Values are based on a diet of other people's secrets.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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417 HULLMAN ST. WELINGTON, NC 29182

**#ITSA LIFESTYLE**

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