

NUTRITIONAL FACTS

WE ARE NUTS

Holiday Nuts & Snack Mix 2 Pack Variety Box

Wasabi Snack Mix

Savory Wasabi Snack
Mix 8oz OTG Jar

Nutrition Facts	
8 servings per container	
Serving size	1oz (28g)
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 5g Added Sugars	10%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1.6mg	10%
Potassium 240mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WE ARE NUTS SPICY HONEY TOFFEE PEANUTS, (PEANUTS, SUGAR, BUTTER (CREAM, SALT), SALT, CAYENNE PEPPER, PAPRIKA, RED PEPPER FLAKES, CINNAMON, SUGAR, HONEY), PEANUTS, CASHEWS, ALMONDS, WASABI PEAS (GREEN PEAS, RICE, PALM OIL, SUGAR, SALT, WASABI POWDER, FD&C BLUE #1, FD&C YELLOW #5, MINI TWIST PRETZELS (UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE-B1, RIBOFLAVIN-B2, FOLIC ACID), SALT, MALT, SOYBEAN OIL), SESAME STICKS & HONEY ROASTED SESAME STICKS (ENRICHED WHEAT FLOUR (UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, SESAME SEEDS, HONEY COATING (SUGAR, WHEAT STARCH, HONEY), BULGUR WHEAT, TACK BLEND (MALTODEXTRIN, XANTHAN GUM), SALT, BEET POWDER (COLOR), TURMERIC (COLOR)), RED PEPPER FLAKES, CAYENNE PEPPER, SALT, DRIED GINGER, ANISE, FENNEL, CLOVE, CINNAMON, ONION POWDER, GARLIC POWDER, PAPRIKA, HIGHLY REFINED PEANUT OIL, SALT.

CONTAINS: MILK, ALMOND, CASHEW, WHEAT, PEANUTS, SOY, SESAME

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Butter Toffee Almonds

Butter Toffee Almonds -
Cinnamon 10oz. OTG
Jar

Nutrition Facts

10 servings per container

Serving size 1oz (28g)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 8g 10%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol <5mg 1%

Sodium 75mg 3%

Total Carbohydrate 17g 6%

Dietary Fiber 2g 7%

Total Sugars 15g

Includes 14g Added Sugars 28%

Protein 3g

Vitamin D 0mcg 0%

Calcium 50mg 4%

Iron 0.5mg 2%

Potassium 110mg 2%

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INGREDIENTS: ALMONDS, SUGAR, BUTTER
(CREAM, SALT), CINNAMON, SALT

CONTAINS: MILK, ALMOND

WE ARE NUTS
3105 NE COLUMBIA AVE
MINNEAPOLIS MN 55418

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WE ARE NUTS

Maple Bourbon Toffee Almonds

Maple Bourbon Toffee
Almonds 10oz OTG Jar

Nutrition Facts

10 servings per container

Serving size 1oz (28g)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 8g 10%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol <5mg 1%

Sodium 90mg 4%

Total Carbohydrate 18g 7%

Dietary Fiber 3g 11%

Total Sugars 15g

Includes 14g Added Sugars 28%

Protein 4g

Vitamin D 0mcg 0%

Calcium 50mg 4%

Iron 0.7mg 4%

Potassium 110mg 2%

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INGREDIENTS: ALMONDS, SUGAR, NETZRO BREWERS SPENT GRAIN, BUTTER (CREAM, SALT), HAMEL PURE 100% MAPLE SYRUP, SALT, VANILLA NATURAL FLAVOR, TATTERSALL HIGH-RYE BOURBON, MAPLE NATURAL FLAVOR, CINNAMON, BOURBON WHISKEY NATURAL FLAVOR

CONTAINS: MILK, ALMOND, WHEAT

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Honey Mustard Snack Mix

Honey Mustard Snack
Mix 8oz OTG Jar

Nutrition Facts

8 servings per container

Serving size 1oz (28g)

Amount Per Serving

Calories 170

% Daily Value*

Total Fat 12g 15%

Saturated Fat 2.5g 13%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 220mg 10%

Total Carbohydrate 13g 5%

Dietary Fiber 2g 7%

Total Sugars 5g

Includes 4g Added Sugars 8%

Protein 5g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 1.1mg 6%

Potassium 130mg 2%

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INGREDIENTS: WE ARE NUTS HONEY MUSTARD TOFFEE PEANUTS (PEANUTS SUGAR, BUTTER (CREAM, SALT), MUSTARD POWDER, SALT, ONION POWDER, GARLIK POWDER, CAYENNE PEPPER, VINEGAR POWDER, HONEY POWDER), PEANUTS CASHEWS, ALMONDS, SNYDERS HONEY MUSTARD & ONION PRETZEL PIECES SESAME STICKS & HONEY ROASTED STICKS (ENRICHED FLOUR & ENRICHED WHEAT FLOUR (WHEAT FLOUR UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON THIAMINE MONONITRATE, RIBOFLAVIN FOLIC ACID), PALM OIL, WATER, SUGAR ONION POWDER, MALTODEXTRIN DEXTROSE, WHEY (MILK), SALT, VINEGAR POWDER (MALTODEXTRIN, MODIFIED CORN STARCH, VINEGAR), HONEY POWDER HYDROLYZED SOY PROTEIN, MUSTARD [(VINEGAR, WATER, MUSTARD, SALT TURMERIC), MALTODEXTRIN, CORN STARCH], WHEAT STARCH, YEAST, SPICES EXTRACT OF TURMERIC, CITRIC ACID HORSERADISH POWDER, NATURAL FLAVORS, SODA.), SOYBEAN OIL, SESAME SEEDS, HONEY COATING (SUGAR, WHEAT STARCH, HONEY), BULGAR WHEAT, TACO BLEND (MALTODEXTRIN, XANTHAN GUM) SALT, BEET POWDER (COLOR), TURMERIC (COLOR), HIGHLY REFINED PEANUT OIL SALT.

CONTAINS: MILK, ALMOND, CASHEW WHEAT, PEANUTS, SESAME

NUTRITIONAL FACTS

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Ginger Turmeric Honey Peanuts

**Butter Toffee Peanuts -
Ginger Turmeric 10oz.
OTG Jar**

Nutrition Facts

10 servings per container

Serving size 1oz (28g)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 7g 9%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol <5mg 1%

Sodium 85mg 4%

Total Carbohydrate 16g 6%

Dietary Fiber 1g 4%

Total Sugars 14g

Includes 14g Added Sugars 28%

Protein 4g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.7mg 4%

Potassium 100mg 2%

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INGREDIENTS: SUGAR, PEANUTS, BUTTER (CREAM, SALT), BARE HONEY RAW WILDFLOWER HONEY (PURE U.S. MADE HONEY), SALT, ORGANIC GINGER ROOT, ORGANIC TURMERIC ROOT, ORGANIC LEMON, THAI CHILI PEPPER

CONTAINS: MILK, PEANUTS

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